SWIFT ENERGY CO

Form 4 May 21, 2015

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

OMB APPROVAL OMB

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SECURITIES Form 5 Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

may continue. See Instruction 1(b).

30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person * CANNON DEANNA L			2. Issuer Name and Ticker or Trading Symbol SWIFT ENERGY CO [SFY]				5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First) (M	Middle)	3. Date of Earliest Transaction (Month/Day/Year)			(Check all applicable) Director 10% Owner				
16825 NORT SUITE 400	THCHASE DRI	VE,	05/20/20	15				Officer (give below)	e titleOthobelow)	er (specify
	(Street)			dment, Date h/Day/Year)	e Original			6. Individual or Jo Applicable Line) _X_ Form filed by	One Reporting Pe	rson
HOUSTON,	TX 77060							Person	More than One Re	porung
(City)	(State)	(Zip)	Table	I - Non-De	erivative Se	ecurit	ies Acq	uired, Disposed o	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Dat (Month/Day/Year)	Execution any	med on Date, if Day/Year)	3. Transactio Code (Instr. 8)	4. Securiti n(A) or Dis (D) (Instr. 3, 4	posed	of	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Swift Energy Company Common Stock								1,000	I	IRA
Swift Energy Company Common Stock	05/20/2015			A	42,234	A	\$0	90,994	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of 2. Derivative Conversion or Exercise (Instr. 3) Price of Derivative Security		3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of or Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Share
Restricted Unit 5/20/2015 - 5/20/2016	<u>(2)</u>	05/20/2015		A	21,116	05/17/2016	05/17/2016	Swift Energy Company Common Stock	21,116

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

CANNON DEANNA L 16825 NORTHCHASE DRIVE, SUITE 400 HOUSTON, TX 77060

Signatures

Laurent A. Baillargeon, POA for Deanna L. Cannon

05/20/2015

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Restricted Stock Award vesting over 3 years; terms of vesting includes loss of risk of forfeiture in Year 1 and lifting of restrictions with respect to 50% of the award in each of Years 2 and 3.
- (2) Each Restricted Unit converts into cash equal to the Fair Market Value of one share of the common stock of the Company on the vesting date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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