

WESSON DAVID W
 Form 4
 December 08, 2005

FORM 4

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549**

OMB APPROVAL

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 Expires: January 31, 2005
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
WESSON DAVID W

2. Issuer Name and Ticker or Trading Symbol
SWIFT ENERGY CO [SFY]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)
**16825 NORTHCHASE DRIVE,
 SUITE 400**
 (Street)

3. Date of Earliest Transaction (Month/Day/Year)
12/06/2005

____ Director
 ____ Officer (give title below)
 ____ 10% Owner
 ____ Other (specify below)
 Controller

HOUSTON, TX 77060

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
			Code	V	Amount or Price		
Swift Energy Common Stock	12/06/2005		M		4,000 A \$ 11.4375	5,580	D
Swift Energy Common Stock	12/06/2005		M		200 A \$ 20.25	5,780	D
Swift Energy Common Stock	12/06/2005		S		800 D \$ 48.9	4,980	D

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Swift Energy Common Stock	12/06/2005	S	1,000	D	\$ 48.86	3,980	D
Swift Energy Common Stock	12/06/2005	S	500	D	\$ 48.82	3,480	D
Swift Energy Common Stock	12/06/2005	S	1,700	D	\$ 48.8	1,780	D
Swift Energy Common Stock	12/06/2005	S	200	D	\$ 48.81	1,580	D
Swift Energy Common Stock	12/07/2005	M	1,700	A	\$ 33	3,280	D
Swift Energy Common Stock	12/07/2005	M	100	A	\$ 33	3,380	D
Swift Energy Common Stock	12/07/2005	M	1,822	A	\$ 30.47	5,202	D
Swift Energy Common Stock	12/07/2005	M	4,178	A	\$ 30.47	9,380	D
Swift Energy Common Stock	12/07/2005	M	1,251	A	\$ 20.25	10,631	D
Swift Energy Common Stock	12/07/2005	S	3,000	D	\$ 48.8	7,631	D
Swift Energy Common Stock	12/07/2005	S	151	D	\$ 48.74	7,480	D
	12/07/2005	S	5,900	D	\$ 48.7	1,580	D

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Swift
Energy
Common
Stock

Swift
Energy
Common
Stock

Swift
Energy
Common
Stock

Swift
Energy
Common
Stock

12/08/2005	M	5,970	A	\$ 33	7,550	D
12/08/2005	M	230	A	\$ 33	7,780	D
12/08/2005	S	6,200	D	\$ 48.7	1,580	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474
(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)
				Code	V (A) (D)	Date Exercisable Expiration Date	Title Amount or Number of Shares
SQ90 plan grt 2/7/2000 ISO	\$ 11.4375	12/06/2005		M	4,000	02/07/2001 02/07/2010	Swift Energy Common Stock 4,000
SQ90 plan grt 1/7/2002 NQ exp 12/7/2008	\$ 20.25	12/06/2005		M	200	01/07/2003 12/07/2008	Swift Energy Common Stock 200

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SQ90 plan grt 12/22/2000 ISO	\$ 33	12/07/2005	M	1,700	12/22/2001	12/22/2010	Swift Energy Common Stock	1,700
SQ90 plan grt 12/22/2000 NQ	\$ 33	12/07/2005	M	100	12/22/2001	12/22/2010	Swift Energy Common Stock	100
SQ01 Plan grt 5/8/2001 ISO	\$ 30.47	12/07/2005	M	1,822	05/08/2002	05/08/2011	Swift Energy Common Stock	1,822
SQ01 Plan grt 5/8/2001 NQ	\$ 30.47	12/07/2005	M	4,178	05/08/2002	05/08/2011	Swift Energy Common Stock	4,178
SQ90 plan grt 1/7/2002 NQ exp 12/7/2008	\$ 20.25	12/07/2005	M	1,251	01/07/2003	12/07/2008	Swift Energy Common Stock	1,251
SQ90 plan grt 12/22/2000 ISO	\$ 33	12/08/2005	M	5,970	12/22/2001	12/22/2010	Swift Energy Common Stock	5,970
SQ90 plan grt 12/22/2000 NQ	\$ 33	12/08/2005	M	230	12/22/2001	12/22/2010	Swift Energy Common Stock	230

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
WESSON DAVID W 16825 NORTHCHASE DRIVE, SUITE 400 HOUSTON, TX 77060			Controller	

Signatures

David W
Wesson

12/08/2005

**Signature of
Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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