Edgar Filing: Flanagan Joseph F - Form 4

Flanagan Jos Form 4 December 04	•											
	OMB APPROVAL											
	UNITED STA	OMB Number:	3235-0287									
Check thi if no long subject to Section 1 Form 4 o	ar.		Expires:	January 31, 2005								
	6. r	OF CHANGES IN SECUI		Estimated average burden hours per response								
Form 5 obligatio may cont <i>See</i> Instru 1(b).	$\frac{1}{1}$ Section $17(a)$ of											
(Print or Type I	Responses)											
1. Name and A Flanagan Jo	address of Reporting Person seph F	Symbol	2. Issuer Name and Ticker or Trading mbol nteger Holdings Corp [ITGR]				5. Relationship of Reporting Person(s) to Issuer					
(1 t)		<i>c c</i>	^ -	ΟKJ		(Check all applicable)						
(Last) 10000 WEF	(First) (Middle	3. Date of Earliest 1 (Month/Day/Year) 12/03/2018	· · · · · · · · · · · · · · · · · · ·				Director 10% Owner X Officer (give title Other (specify below) below) below) EVP, Quality & Regulatory Affa					
CLARENC	(Street) E, NY 14031	4. If Amendment, D Filed(Month/Day/Yea	f Amendment, Date Original ed(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned												
1.Title of Security (Instr. 3)	any	eution Date, if Transacti Code nth/Day/Year) (Instr. 8)	4. Securit or(A) or Dis (Instr. 3, 4	sposed 4 and 5 (A) or	of (D) 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. 7. Nature of Ownership Indirect Form: Direct Beneficial (D) or Ownership Indirect (I) (Instr. 4) (Instr. 4)					
Common Stock	12/03/2018	Code V M	Amount 5,608	(D) A	Price \$ 11.58	12,622	D					
Common Stock	12/03/2018	М	4,670	А	\$ 11.58	17,292	D					
Common Stock	12/03/2018	М	3,355	А	\$ 48.43	20,647	D					
Common Stock	12/03/2018	S	13,633	D	\$ 86.42 (1)	7,014	D					

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	onof D Secu Acqu (A) o Disp (D)	urities uired or oosed of r. 3, 4,	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of 8 Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option	\$ 48.43	12/03/2018		М		3,355	12/30/2016	01/04/2026	Common	3,355
Stock Option	\$ 11.58	12/03/2018		М		5,608	10/27/2015	05/08/2025	Common	5,608
Stock Option	\$ 11.58	12/03/2018		М		4,670	10/27/2015	09/10/2023	Common	4,670

Reporting Owners

Reporting Owner Name / Address	Relationships						
r o	Director	10% Owner	Officer	Other			
Flanagan Joseph F 10000 WEHRLE DRIVE CLARENCE, NY 14031			EVP, Quality & Regulatory Affa				
Signatures							

/s/ Mark Zawodzinski as attorney-in-fact for Joseph F. Flanagan.

**Signature of Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at multiple prices ranging from \$86.06 to \$87.06, inclusive. The reporting person undertakes to provide to Integer Holdings Corp, any security holder of Integer Holdings Corp, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares

12/04/2018

Date

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Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.