QEP RESOURCES, INC.

Form 4

October 09, 2012

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB 3235-0287

Check this box if no longer

Number: January 31, 2005

OMB APPROVAL

if no longer subject to Section 16. Form 4 or Form 5

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Estimated average burden hours per response... 0.5

Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940 sponse... 0.

1(b).

(Print or Type Responses)

1. Name and Address of RATTIE KEITH O	Reporting Person *	2. Issuer Name and Ticker or Trading Symbol QEP RESOURCES, INC. [QEP]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) (First	(Middle)	3. Date of Earliest Transaction				
1050 17TH STREE	Γ, SUITE 500	(Month/Day/Year) 10/05/2012	X Director 10% Owner Officer (give title below) Other (specify below)			
(Stree	et)	4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person			
DENVER, CO 80265			Form filed by More than One Reporting Person			

(City)	(State)	Zip) Table	e I - Non-D	erivative	Securi	ities Acc	quired, Disposed (of, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date 2A. Deemed (Month/Day/Year) Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)	4. Securities Acquired n(A) or Disposed of (D) (Instr. 3, 4 and 5)			Securities Beneficially	Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership
			Code V	Amount	(A) or (D)	Price	Following Reported Transaction(s) (Instr. 3 and 4)	(Instr. 4)	(Instr. 4)
Common Stock	10/05/2012		M	5,198 (1)	A	\$ 9.19	414,030	D	
Common Stock	10/05/2012		S	5,198 (2)	D	\$ 32.5	408,832	D	
Common Stock							2,542	I	IRA

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	Secu Acqu (A) o Disp (D)	or posed of er. 3, 4,	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount of Number of Shares
Stock Option	\$ 9.19	10/05/2012		M		5,198	08/11/2003	02/11/2013	Common Stock	5,198
Phantom Stock Units	\$ 0						(3)	(3)	Phantom Stock Units	5,675.65
Restricted Stock Unit	\$ 0						<u>(4)</u>	<u>(4)</u>	Common Stock	185.98
Stock Option	\$ 23.98						06/30/2010	03/05/2016	Common Stock	147,17
Stock Option	\$ 27.84						06/30/2010	02/13/2015	Common Stock	80,000
Stock Option	\$ 36.48						06/30/2010	02/12/2016	Common Stock	30,000
Stock Option	\$ 26.14						06/30/2010	10/24/2012	Common Stock	150,00
Stock Option	\$ 27.55						06/30/2010	03/05/2017	Common Stock	125,00

Reporting Owners

**Signature of Reporting Person

Reporting Owner Name / Address	Relationships						
F-	Director	10% Owner	Officer	Other			
RATTIE KEITH O 1050 17TH STREET, SUITE 500 DENVER, CO 80265	X						
Signatures							
Abigail L. Jones, Attorney in Fact	10/09/2012						

Date

Reporting Owners 2

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These shares were acquired by the exercise of an option that would have expired in February 2013.
- (2) My disposition of these shares was pursuant to a 10b5-1 plan.
 - Phantom stock units will be payable in cash on the date of, or at a designated anniversary date following, the first to occur of the reporting
- person's (i) distribution election date which is not earlier than two years from the plan year (ii) separation from service from QEP (subject to 6-month delay if necessary to comply with IRC 409A), (iii) death or (iv) disability, pursuant to the QEP Resources, Inc. Deferred Compensation Wrap Plan.
- (4) The restricted stock units vest in three equal annual installments which began on July 1, 2011, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.