Freeland Kevin P Form 4 May 30, 2013

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

Estimated average

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Expires: January 31, 2005

OMB APPROVAL

Section 16.
Form 4 or
Form 5
obligations
may continue.
See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

burden hours per response... 0.5

1(b).

Common

Stock

05/28/2013

(Print or Type Responses)

1. Name and Address of Reporting Person * Freeland Kevin P	2. Issuer Name and Ticker or Trading Symbol ADVANCE AUTO PARTS INC [AAP]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
(Last) (First) (Middle) ADVANCE AUTO PARTS, INC., 5008 AIRPORT RD	3. Date of Earliest Transaction (Month/Day/Year) 05/28/2013	Director 10% Owner Officer (give title Other (specify below) Chief Operating Officer		
(Street) ROANOKE, VA 24012	4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		

(City)	(State)	(Zip) Tabl	e I - Non-D	Derivative S	Securi	ities Acqu	iired, Disposed of	f, or Beneficial	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired on(A) or Disposed of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code V	Amount	or (D)	Price	Transaction(s) (Instr. 3 and 4)		
Common Stock	05/28/2013		M	12,474	A	\$ 40.38	31,731	D	
Common Stock	05/28/2013		M	12,476	A	\$ 49.55	44,207	D	
Common Stock	05/28/2013		M	4,889	A	\$ 49.55	49,096	D	
Common Stock	05/28/2013		M	19,390	A	\$ 66.15	68,486	D	

6,885

M

75,371

D

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Common Stock	05/28/2013	F	46,563 (1)	D	\$ 84.15	28,808	D
Common Stock	05/28/2013	F	647 (2)	D	\$ 83.63	28,161	D
Common Stock	05/28/2013	S	24,000	D	\$ 83.44 (3)	4,161	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

3. Transaction Date 3A. Deemed

1. Title of

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SEC 1474 (9-02)

5. Number of 6. Date Exercisable and

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

Derivative Security (Instr. 3)	Conversion or Exercise Price of Derivative Security	(Month/Day/Year)	Execution Date, if any (Month/Day/Year)	Transaction Code (Instr. 8)	orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		Expiration Date (Month/Day/Year)		Underlying Securit (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amo or Num of Sh
Stock Appreciation Rights	\$ 40.38	05/28/2013		M		12,474	03/01/2013	12/01/2016	Common Stock	12,4
Stock Appreciation Rights	\$ 49.55	05/28/2013		M		12,476	<u>(4)</u>	05/24/2017	Common Stock	12,4
Stock Appreciation Rights	\$ 49.55	05/28/2013		M		4,889	05/24/2013	05/24/2017	Common Stock	4,8
Stock Appreciation Rights	\$ 66.15	05/28/2013		M		19,390	(5)	12/01/2017	Common Stock	19,3
Stock Appreciation Right	\$ 68.75	05/28/2013		M		6,885	<u>(6)</u>	12/01/2018	Common Stock	6,8

7. Title and Amoun

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Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Freeland Kevin P ADVANCE AUTO PARTS, INC. 5008 AIRPORT RD ROANOKE, VA 24012

Chief Operating Officer

Signatures

/s/ Rachel E. Geiersbach, as Attorney-in-Fact for Kevin P. Freeland

05/30/2013

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents shares withheld to satisfy exercise price and tax withholding obligations upon the exercise of SARs.
- (2) Represents shares withheld to satisfy a tax withholding obligation upon the vesting of restricted stock.
 - The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$82.87
- (3) to \$84.19. The Reporting Person has provided to the Issuer, and undertakes to provide to any security holder of the Issuer or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.
- (4) These shares became exercisable in three approximately equal annual installments beginning on May 24, 2011.
- (5) These shares became exercisable in three approximately equal annual installments beginning on December 1, 2011.
- (6) These shares became exercisable in three approximately equal annual installments beginning on December 1, 2012.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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