MECHANICAL TECHNOLOGY INC

Form 4

Common

Stock

11/01/2016

November 02, 2016

140 VCIIIOCI O.	2, 2010										
FORM	14			NID EXC	YTT A 1	NOT (PPROVAL		
	UNITEDS	UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549						OMB Number:	3235-0287		
Check th if no long	aer.							Expires:	January 31, 2005		
subject to	STATEM	ENT OF CHAN	NERSHIP OF	Estimated a							
Section 1		SECURITIES						burden hou response	rs per		
Form 4 or Form 5 Filed pursuant to Section 16(a) of the Securities Exc.						xchano	e Act of 1934	0.5			
obligatio	ns Section 17(a	a) of the Public U				_		n			
may cont See Instri		30(h) of the In	vestment	Compan	y Act	of 194	40				
1(b).											
(Print or Type I	Responses)										
1. Name and A	Person * 2. Issue	r Name and	l Ticker or	Tradin	ıg	5. Relationship of Reporting Person(s) to					
Phelan Will	iam P	Symbol					Issuer				
			ANICAL	TECHNO	OLO	GY	(Check all applicable)				
	MKTY]				(app. 1000)						
(Last)	(First) (M		. Date of Earliest Transaction				X Director Officer (give.	title 10% Owner Other (specify			
C/O MECH	ANICAL	(Month/E 08/10/2	-				below)	below)	(- F)		
TECHNOL		00/10/2	010								
INCORPORATED, 325											
	TON AVENUE										
EXTENSIO)N										
	(Street)		endment, Da	_			6. Individual or Jo	int/Group Filir	ng(Check		
		Filed(Moi	nth/Day/Year	.)			Applicable Line) _X_ Form filed by C	One Reporting Pe	erson		
ALBANY,	NY 12205						Form filed by M				
(City)	(State) (Zip) Tobl									
(City)	(State)	Tabl	le I - Non-D	Derivative S	Securi	ties Acq	uired, Disposed of	, or Beneficial	ly Owned		
1.Title of Security	2. Transaction Date (Month/Day/Year)		3.	4. Securit			5. Amount of Securities	6. Ownership			
(Instr. 3)	(Wolldin Day/ Tear)	any	Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5)			Beneficially	Form: Direct Indirect (D) or Beneficial				
		(Month/Day/Year) (Instr. 8)					Owned	Indirect (I)	Ownership		
							Following Reported	(Instr. 4)	(Instr. 4)		
					(A) or		Transaction(s)				
			Code V	Amount	(D)	Price	(Instr. 3 and 4)				
Common	00404046		_	10.000		\$	22.000	_			
Stock	08/10/2016		P	10,000	A	0.89	25,000	D			
						_					
Common	10/31/2016		P	70,488	A	\$ 1.5	95,488	D			
Stock						(2)					

P

29,512 A \$ 1.5 125,000

D

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

> 9. Nu Deriv Secur Bene Own Follo Repo Trans

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	cisable and	7. Titl	e and	8. Price of	9
Derivativ	e Conversion	(Month/Day/Year)	Execution Date, if	TransactionNumber		Expiration Da	ate	Amou	nt of	Derivative	J
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Under	lying	Security	,
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Secur	ities	(Instr. 5)]
	Derivative				Securities			(Instr.	3 and 4)		(
	Security				Acquired						J
					(A) or						J
					Disposed						-
					of (D)						(
					(Instr. 3,						
					4, and 5)						
									Amount		
									or		
						Date	Expiration				
						Exercisable	Date	Title			
				Code V	(A) (D)						
				Code V	(A) (D)		*	Title	Number of Shares		

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Phelan William P C/O MECHANICAL TECHNOLOGY, INCORPORATED 325 WASHINGTON AVENUE EXTENSION ALBANY, NY 12205

X

Signatures

/S/ Kevin G. Lynch, as Power of Att. for William P. Phelan

11/02/2016

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Represents the average purchase price of shares acquired in two lots with a share price range of \$0.84-\$0.90 per share. Mr. Phelan (1) undertakes that he will provide, upon request by the staff of the U.S. Securities and Exchange Commission, full information regarding the number of shares purchased at each separate price.
- Represents the average purchase price of shares acquired in thirty-one lots with a share price range of \$1.40-\$1.50 per share. Mr. Phelan (2) undertakes that he will provide, upon request by the staff of the U.S. Securities and Exchange Commission, full information regarding the number of shares purchased at each separate price.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Reporting Owners 2

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