NOGALES LUIS G Form 4 April 02, 2003

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UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, DC 20549

FORM 4

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

 Check this box if no longer subject to Section 16.
 Form 4 or Form 5 obligations may continue.
 See Instruction 1(b)

Name and Ad Person* (Last	-	-	2.	Issuer Name and Ticker or Trading Symbol	3.	I.R.S. Identification Person, if an entity (Number of Reporting Voluntary)	
Nogales, Luis				Arbitron Inc. (ARB)				
			4.	Statement for (Month/Day/Year)	If Amendment, Date (<i>Month/Day/Year</i>)	, 0		
142 West 57th	n Street	<u> </u>		03/31/2003				
	(Street)		6.	Relationship of Reporting Person(s) to Issuer (Check All Applicable)	7.	Individual or Joint/C (Check Applicable Lir	1 0	
New York, N	Y 10019-3300)		X Director O 10% Owner		X	Form filed by One Reporting Person	
(City)	(State)	(Zip)		Officer (give title below)		0	Form filed by More than One Reporting	
				O Other (specify below)			Person	

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. * If the form is filed by more than one reporting person, *see* instruction 4(b)(v).

Potential persons who are to respond to the collection of Information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

			Ta	ble I	Non-Derivative Se	ecu	rities Acquire	ed, Disposed of, or	Ber	eficially Owne	d		
1.	Title of Security (Instr. 3)	2.	ansaction Da onth/Day/Yea		Deemed Execution Date, if any. (Month/Day/Year)	3.	Transaction4. Code (Instr. 8)	Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5.	Amount of 6. Securities Beneficially Owned Following Reported Transactions(s) (Instr. 3 and 4)	Form: Direct (D) or Indirect (I) (Instr. 4)	7.	Nature of Indirect Beneficial Ownership (Instr. 4)
								(A) or					
-							Code V	Amount (D) Price					
							Page 2						

Table II Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

. Title of Derivative Security (Instr. 3)	2.	Conversion or Exercise Price of Derivative Security	3.	Transaction Date (Month/Day/Year)	3a.	Deemed Execution Date, if any (<i>Month/Day/Year</i>)	4.	Transaction 5. Code (<i>Instr.</i> 8)	S 4 (Securities	A) or Disposed
								Code V		(A)	(D)
Non-Qualified Stock Option (right to buy)		\$31.7000		03/31/03				А		1,085	
				I	Page	3					

Date Exercis Expiration I (Month/Day/	Date	7. Title and of Under Securitie (Instr. 3 d	lying s	1	Price of 9. Derivative Security (Instr. 5)	Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10.	Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 4)	11.	Nature of Indirect Beneficia Ownersh (Instr. 4)
Date Exercisable	Expiration Date	Title	Amount or Number of Shares							
		Common								
	03/31/13	Stock	1,085			1,085		D		
	03/31/13	Stock	1,085			1,085	_	D	_	_
	03/31/13	Stock	1,085			1,085	_	D		
	03/31/13	Stock	1,085			1,085	_	D		
	03/31/13	Stock	1,085			1,085		D	_	
	03/31/13	Stock	1,085			1,085		D		
	03/31/13	Stock	1,085			1,085		D		
	03/31/13	Stock	1,085			1,085		D		
	03/31/13	Stock	1,085			1,085		D		
	03/31/13	Stock	1,085			1,085		D		
	03/31/13	Stock	1,085			1,085		D		

/s/ Dolor

/s/ Dolores L. Cody, Attorney-In-Fact

April 1, 2003

**Signature of Reporting Person Date

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^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of Information contained in this form are not required to respond unless the form displays a currently valid OMB Number.