

PYRAMID OIL CO  
Form 4  
July 11, 2008

**FORM 4**

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549**

OMB APPROVAL

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**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
HERMAN MICHAEL D

2. Issuer Name and Ticker or Trading Symbol  
PYRAMID OIL CO [PYOL]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)

3. Date of Earliest Transaction (Month/Day/Year)  
07/09/2008

Director  10% Owner  
 Officer (give title below)  Other (specify below)

PO BOX 60446

(Street)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)  
 Form filed by One Reporting Person  
 Form filed by More than One Reporting Person

COLORADO SPRINGS, CO 80960

(City) (State) (Zip)

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price
Common Stock	07/09/2008		S		331	D	\$ 16.26
Common Stock	07/09/2008		S		723	D	\$ 16.75
Common Stock	07/09/2008		S		1,650	D	\$ 16.8546
Common Stock	07/09/2008		S		367	D	\$ 15.44
Common Stock	07/09/2008		S		4,833	D	\$ 15.45
	07/09/2008		S		100	D	\$ 15.46

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Common Stock									
Common Stock	07/09/2008		S	2,600	D	\$ 15.5	2,342,582	D	
Common Stock	07/09/2008		S	711	D	\$ 15.51	2,341,871	D	
Common Stock	07/09/2008		S	389	D	\$ 15.58	2,341,482	D	
Common Stock	07/09/2008		S	1,000	D	\$ 15.59	2,340,482	D	
Common Stock	07/09/2008		S	16,886	D	\$ 15.75	2,323,596	D	
Common Stock	07/09/2008		S	410	D	\$ 15.861	2,323,186	D	
Common Stock	07/10/2008		S	6,100	D	\$ 15.5	2,317,086	D	
Common Stock	07/10/2008		S	100	D	\$ 15.56	2,316,986	D	
Common Stock	07/10/2008		S	3,000	D	\$ 15.55	2,313,986	D	
Common Stock	07/10/2008		S	200	D	\$ 15.62	2,313,786	D	
Common Stock	07/10/2008		S	200	D	\$ 15.71	2,313,586	D	
Common Stock	07/10/2008		S	178	D	\$ 15.77	2,313,408	D	
Common Stock	07/10/2008		S	10,000	D	\$ 15.5	2,303,408	D	
Common Stock							19,991	I	Owned by spouse

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

**Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.**

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(9-02)

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene
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