

VAN HALL THOMAS A
Form 4
March 06, 2007

FORM 4

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**

OMB APPROVAL

OMB Number: 3235-0287
Expires: January 31, 2005
Estimated average burden hours per response... 0.5

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
VAN HALL THOMAS A

(Last) (First) (Middle)

C/O 850 - 76TH STREET SW

(Street)

GRAND RAPIDS, MI 49518

(City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol
SPARTAN STORES INC [SPTN]

3. Date of Earliest Transaction
(Month/Day/Year)
03/02/2007

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

____ Director _____ 10% Owner
 Officer (give title below) _____ Other (specify below)
Vice President of Finance

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
____ Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
				(A) or (D)	Price		
Common Stock ⁽¹⁾	03/02/2007		S	100	D \$ 22.21	47,477	D
Common Stock ⁽¹⁾	03/02/2007		S	100	D \$ 22.23	47,377	D
Common Stock ⁽¹⁾	03/02/2007		S	100	D \$ 22.29	47,277	D
Common Stock ⁽¹⁾	03/02/2007		S	100	D \$ 22.39	47,177	D
Common Stock ⁽¹⁾	03/02/2007		S	100	D \$ 22.5	47,077	D

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Common Stock <u>(1)</u>	03/02/2007	S	100	D	\$ 22.54	46,977	D	
Common Stock <u>(1)</u>	03/02/2007	S	375	D	\$ 22.57	46,602	D	
Common Stock <u>(1)</u>	03/02/2007	S	100	D	\$ 22.6	46,502	D	
Common Stock <u>(1)</u>	03/02/2007	S	100	D	\$ 22.75	46,402	D	
Common Stock <u>(1)</u>	03/02/2007	S	100	D	\$ 22.77	46,302	D	
Common Stock <u>(1)</u>	03/02/2007	S	100	D	\$ 22.83	46,202	D	
Common Stock <u>(1)</u>	03/02/2007	S	100	D	\$ 22.85	46,102	D	
Common Stock <u>(1)</u>	03/02/2007	S	200	D	\$ 22.93	45,902	D	
Common Stock <u>(1)</u>	03/02/2007	S	100	D	\$ 23.1	45,802	D	
Common Stock <u>(1)</u>	03/02/2007	S	100	D	\$ 23.18	45,702	D	
Common Stock						9,000	I	By Wife's Trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474
(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned (Instr. 6)
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
VAN HALL THOMAS A C/O 850 - 76TH STREET SW GRAND RAPIDS, MI 49518			Vice President of Finance	

Signatures

/s/ Gordon R. Lewis, by Power of Attorney

02/06/2007

__Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) All of the transactions reported on this Form 4 were executed as part of a prearranged trading plan pursuant to Rule 10b5-1 promulgated under the Securities Exchange Act of 1934.

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