RYANAIR HOLDINGS PLC Form 6-K February 04, 2019

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 6-K

Report of Foreign Private Issuer

Pursuant to Rule 13a-16 or 15d-16 of the Securities Exchange Act of 1934

For the month of February 2019

RYANAIR HOLDINGS PLC (Translation of registrant's name into English)

c/o Ryanair Ltd Corporate Head Office Dublin AirportCounty Dublin Ireland(Address of principal executive offices)

Indicate by check mark whether the registrant files or will file annual reports under cover Form 20-F or Form 40-F.

Form 20-F..X.. Form 40-F

Indicate by check mark whether the registrant by furnishing the information contained in this Form is also thereby furnishing the information to the Commission pursuant to Rule 12g3-2(b) under the Securities Exchange Act of 1934.

Yes No ..X..

If "Yes" is marked, indicate below the file number assigned to the registrant in connection with Rule 12g3-2(b): 82-____

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RYANAIR JAN TRAFFIC GROWS 11% TO 10.3m CUSTOMERS

Ryanair Holdings PLC today (4 Feb) released Jan traffic statistics as follows:

	2018	2019	(LF)	Growth
Jan Total	9.3m	10.3m	(91%)	+11%
Ryanair	9.3m	10.0m	(91%)	+7%
Laudamotion	-	0.3m	(89%)	-

Rolling Annual 129.4m 140.2m (96%) +8%

Ryanair operated over 58,000 scheduled flights in January with over 90% arriving on time (excluding ATC delays), delivering the best punctuality of any major EU airline.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned, hereunto duly authorized.

RYANAIR HOLDINGS PLC

Date: 04 February, 2019

By:___/s/ Juliusz Komorek_____

Juliusz Komorek Company Secretary