



DOCUMENTS INCLUDED AS PART OF THIS REPORT

Document	Description
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1. News Release, dated August 10, 2011.
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For Immediate Release

August 10, 2011

Sonde Resources Corp. Announces Shareholder Conference Call

CALGARY, ALBERTA--(Marketwire – August 10, 2011) – Sonde Resources Corp. ("Sonde" or the "Company") (TSX: SOQ) (NYSE Amex LLC: SOQ) will be hosting a conference call on Monday, August 15 at 1:00 p.m. MST to provide a report on the Second Quarter 2011 results and an update on exploration and corporate activities. Mr. Jack Schanck, President and CEO will host the call. All interested parties can join the call by dialing 416-340-8018 or 866-223-7781. Please dial-in 15 minutes prior to the call to secure a line. The conference call will be archived for replay on our website within 48 hours of this conference call.

Sonde Resources Corp. is a Calgary, Alberta, Canada based energy company engaged in the exploration and production of oil and natural gas. Its operations are located in Western Canada, and offshore North Africa. See Sonde's website at www.sonderesources.com to review further detail on Sonde's operations.

For Further Information Please Contact:

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www.sonderesources.com

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

SONDE RESOURCES CORP.

(Registrant)

Date: August 12, 2011

By: /s/ K. Nelson

Name: Kurt Nelson
Title: Chief Financial Officer