

Southern National Bancorp of Virginia Inc  
 Form 4  
 July 22, 2016

**FORM 4**

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
 Washington, D.C. 20549**

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
 Baker Thomas Preston

2. Issuer Name and Ticker or Trading Symbol  
 Southern National Bancorp of Virginia Inc [SONA]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)  
 1685 WELLESLEY KNOLL  
 (Street)

3. Date of Earliest Transaction (Month/Day/Year)  
 07/21/2016

\_\_\_\_ Director \_\_\_\_\_ 10% Owner  
 Officer (give title below) \_\_\_\_\_ Other (specify below)  
 Chief Credit Officer

KESWICK, VA 22947

(City) (State) (Zip)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)  
 Form filed by One Reporting Person  
 Form filed by More than One Reporting Person

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
Southern National Bancorp of Virginia Common Stock				(A) or (D)	22,000	D	
Southern National Bancorp of Virginia Common Stock				(A) or (D)	721	I	By IRA

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Southern  
National  
Bancorp of  
Virginia  
Common  
Stock

3,654

I

By 401k  
Plan

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474  
(9-02)

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)		
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (Right to Buy)	\$ 9.2					01/23/2009	01/22/2018	Common Stock	2,000
Employee Stock Option (Right to Buy)	\$ 5.5					01/27/2010	01/27/2019	Common Stock	2,000
Employee Stock Option (Right to Buy)	\$ 8.02					07/29/2010	07/29/2019	Common Stock	2,000
Employee Stock Option (Right to Buy)	\$ 7.04					07/27/2011	07/27/2020	Common Stock	3,000

Employee Stock Option (Right to Buy)	\$ 7.2					03/21/2012	03/21/2021	Common Stock	15,000
Employee Stock Option (Right to Buy)	\$ 7.92					12/05/2013	12/05/2022	Common Stock	5,000 <sup>(1)</sup>
Employee Stock Option (Right to Buy)	\$ 9.14					06/21/2014	06/21/2023	Common Stock	5,000 <sup>(2)</sup>
Employee Stock Option (Right to Buy)	\$ 10.47					07/22/2015	07/22/2024	Common Stock	5,000 <sup>(3)</sup>
Employee Stock Option (Right to Buy)	\$ 11.43					06/19/2016	06/19/2025	Common Stock	4,000 <sup>(4)</sup>
Employee Stock Option (Right to Buy)	\$ 11.99	06/16/2016		P	5,000	06/16/2017	06/16/2026	Common Stock	5,000 <sup>(5)</sup>

## Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Baker Thomas Preston 1685 WELLESLEY KNOLL KESWICK, VA 22947			Chief Credit Officer	

## Signatures

Thomas P. Baker 07/22/2016

\*\*Signature of Reporting Person

Date

## Explanation of Responses:

\* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

- (1) These options are exercisable as follows: 1000 on 12/5/2013, 1000 on 12/5/2014, 1000 on 12/5/2015, 1000 on 12/5/2016, 1000 on 12/5/2017.
- (2) These options are exercisable as follows: 1000 on 6/21/2014, 1000 on 6/21/2015, 1000 on 6/21/2016, 1000 on 6/21/2017, 1000 on 6/21/2018.
- (3) These options are exercisable as follows: 1000 on 7/22/2015, 1000 on 7/22/2016, 1000 on 7/22/2017, 1000 on 7/22/2018, 1000 on 7/22/2019.
- (4) These options are exercisable as follows: 800 on 6/19/2016, 800 on 6/19/2017, 800 on 6/19/2018, 800 on 6/19/2019, 800 on 6/19/2020.
- (5) These options are exercisable as follows: 1000 on 6/16/2017, 1000 on 6/16/2018, 1000 on 6/16/2019, 1000 on 6/16/2020, 1000 on 6/16/2021.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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