

SHIELD ROBIN R  
Form 4  
June 23, 2011

**FORM 4** UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549

OMB APPROVAL

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**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
SHIELD ROBIN R

2. Issuer Name and Ticker or Trading Symbol  
Southern National Bancorp of Virginia Inc [SONA]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)  
66 CHURCH ST  
(Street)

3. Date of Earliest Transaction (Month/Day/Year)  
06/22/2011

Director  10% Owner  
 Officer (give title below)  Other (specify below)

NORWICH, VT 05055  
(City) (State) (Zip)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)  
 Form filed by One Reporting Person  
 Form filed by More than One Reporting Person

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
			Code	V Amount (A) or (D) Price			
Southern National Bancorp of Virginia Common Stock	06/22/2011		P	875 A \$ 6.61	875	D	
Southern National Bancorp of Virginia Common Stock					70,400 <sup>(1)</sup>	D	

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Southern National Bancorp of Virginia Common Stock	16,500 <sup>(2)</sup>	D	
Southern National Bancorp of Virginia Common Stock	29,072	I	Held in Trust for Minor Children

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	Amount or Number of Shares
				Code V (A) (D)		Date Exercisable Expiration Date	Title	
Employee Stock Option(Right to Buy)	\$ 14.73					01/24/2008 <sup>(3)</sup> 01/24/2017	Common Stock	1,100
Employee Stock Option(Right to Buy)	\$ 9.2					01/23/2009 <sup>(4)</sup> 01/22/2018	Common Stock	1,000
Employee Stock Option(Right to Buy)	\$ 5.5					01/27/2010 <sup>(5)</sup> 01/27/2019	Common Stock	1,000

Employee Stock Option(Right to Buy)	\$ 7.04	07/27/2011 <sup>(6)</sup>	07/27/2020	Common Stock	1,000
Employee Stock Option(Right to Buy)	\$ 7.2	03/21/2012 <sup>(7)</sup>	03/21/2021	Common Stock	1,000

## Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
SHIELD ROBIN R 66 CHURCH ST NORWICH, VT 05055		X		

## Signatures

Robin R. Shield	06/23/2011
**Signature of Reporting Person	Date

## Explanation of Responses:

- \* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These shares are held in the Robin R. Shield Revocable Trust.
- (2) These shares are held in The Porter/Shield Investment,LP.
- (3) These options are exercisable as follows: 220 on 1/24/2008, 220 on 1/24/2009, 220 on 1/24/2010, 220 on 1/24/2011, 220 on 1/24/2012.
- (4) These options are exercisable as follows: 200 on 1/23/2009, 200 on 1/23/2010, 200 on 1/23/2011, 200 on 1/23/2012, 200 on 1/23/2013.
- (5) These options are exercisable as follows: 200 on 1/27/2010, 200 on 1/27/2011, 200 on 1/27/2012, 200 on 1/27/2013, 200 on 1/27/2014.
- (6) These options are exercisable as follows: 200 on 7/27/2011, 200 on 7/27/2012, 200 on 7/27/2013, 200 on 7/27/2014, 200 on 7/27/2015.
- (7) These options are exercisable as follows: 200 on 3/21/2012, 200 on 3/21/2013, 200 on 3/21/2014, 200 on 3/21/2015, 200 on 3/21/2016.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.