MILLER PETER D

Form 4

January 20, 2006

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

30(h) of the Investment Company Act of 1940

2 Jasuar Nama and Tiakar or Tradina

OMB APPROVAL OMB

3235-0287 Number:

Expires:

January 31, 2005

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response... 0.5

if no longer subject to Section 16. Form 4 or Form 5 obligations

Check this box

SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue.

5 Relationship of Reporting Person(s) to

See Instruction 1(b).

(Print or Type Responses)

Stock

1. Name and Address of Reporting Person *

MILLER PETER D			2. Issuer Name and Ticker or Trading Symbol					Issuer				
			REGIO	REGIONS FINANCIAL CORP [RF]					(Check all applicable)			
(Last)	(First)	(Middle)	3. Date of Earliest Transaction					(
				(Month/Day/Year)						0% Owner		
P O DRAWER 937			01/18/2	01/18/2006				X Officer (gi	ther (specify			
									Regional CEO			
(Street)			4. If Amo	4. If Amendment, Date Original				6. Individual or Joint/Group Filing(Check				
	Filed(Mo	Filed(Month/Day/Year)				Applicable Line)						
G + T) TEGY TI								_X_ Form filed by				
GAINESVILLE, GA 303050937								Form filed by More than One Reporting Person				
(City)	(State)	(Zip)	Tab	le I - Non-I	Derivative :	Secur	ities Ac	equired, Disposed	of, or Benefici	ally Owned		
(Instr. 3) any		med on Date, if Day/Year)	3. Transaction Code (Instr. 8)	Transaction(A) or Disposed of Code (D) (Instr. 8) (Instr. 3, 4 and 5)			Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
				Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)	(Instr. 4)			
Common Stock	01/18/2006			A	38,605	A	\$0	257,021.597	D			
Common Stock								28,561	I	By Spouse		
Common Stock								31,507	I	CLM Associates LFP		
Common								62,830	I	PDM Associates		

LP

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Pr Deriv Secu (Insti
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock Option	\$ 33.48					04/09/1999	04/09/2008	Common Stock	29,423	
Phantom Stock Units (401k)	\$ 0 (1)					<u>(1)</u>	<u>(1)</u>	Common Stock	6,257	
Stock Option	\$ 33.48					04/09/1999	04/09/2008	Common Stock	2,985	
Stock Option	\$ 28.88					08/30/2000	08/30/2009	Common Stock	32,408	
Stock Option	\$ 25.66					02/19/2004	02/19/2010	Common Stock	46,298	
Stock Option	\$ 25.66					02/19/2005	02/19/2010	Common Stock	23,148	
Stock Option	\$ 25.66					12/20/2005	02/19/2010	Common Stock	19,251	
Stock Option	\$ 25.66					02/19/2006	02/19/2010	Common Stock	3,898	
Stock Option	\$ 28.17					04/21/2005	04/21/2011	Common Stock	37,038	
Stock Option	\$ 28.17					12/20/2005	04/21/2011	Common Stock	70,527	

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Stock Option	\$ 28.17	04/21/2007	04/21/2011	Common Stock	3,549
Stock Option	\$ 33.82	12/20/2005	10/15/2011	Common Stock	90,000
Stock Option	\$ 25.02	01/22/2005	01/22/2012	Common Stock	3,995
Stock Option	\$ 34.66	(2)	12/20/2012	Common Stock	56,434

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

MILLER PETER D P O DRAWER 937

Regional CEO

GAINESVILLE, GA 303050937

Signatures

By: Ronald C. 01/18/2006 Jackson

**Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The reported phantom stock units were acquired under Regions' benefit plans.
- (2) The option becomes exercisable in three equal installments on December 20, 2006, 2007 and 2008.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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