FBL FINANCIAL GROUP INC

Form 4

Stock

December 13, 2016

FORM	N /1										PPROVAL	
Chiv	UNITED	STATES				ND EXO D.C. 20		NGE C	COMMISSION	OMB Number:	3235-028	
Check th			vv as	mingu	J11 ,	D.C. 20	349			Expires:	January 31	
if no long subject to Section 1 Form 4 or Form 5 obligatio may cont See Instruction 1(b).	STATENA 16. Filed pura ns Section 17(a	suant to S	Section 10	SECU 6(a) of ility H	UR the	ITIES Securit ling Con	ies E	xchange Act of	e Act of 1934, 1935 or Section	Estimated a burden hou response		
(Print or Type I	Responses)											
Decker Casey Symbol			Symbol	ssuer Name and Ticker or Trading ool L FINANCIAL GROUP INC					5. Relationship of Reporting Person(s) to Issuer			
			[FFG]						(Chec	k all applicable	;)	
(Last) 5400 UNIV	(First) (N	Middle) JE	3. Date of (Month/D 12/12/20	ay/Year		ansaction			Director _X_ Officer (give below) Chief In		Owner er (specify cer	
WEST DES	(Street) S MOINES, IA 50	266	4. If Amer Filed(Mon			_	l		6. Individual or Jo Applicable Line) _X_ Form filed by M Person	One Reporting Pe	rson	
(City)	(State)	(Zip)	Table	e I - No	n-D	erivative (Secur	ities Acq	uired, Disposed o	f, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Executio any		3. Transa Code (Instr.		4. Securit n(A) or Di (Instr. 3,	spose	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
G1 .				Code	V	Amount		Price	(Instr. 3 and 4)			
Class A Common Stock	12/12/2016			M		178	A	\$ 39.13	178	D		
Class A Common Stock	12/12/2016			S		178	D	\$ 81.45	0	D		
Class A Common									771.84	I	by Trust	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

(1)

OMB APPROVAL

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number Transactionof Code Derivative (Instr. 8) Securities Acquired (A) or Disposed of (D)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(Instr. 3, 4, and 5) (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Incentive Stock Option (right to buy)	\$ 39.13	12/12/2016		M	178	09/01/2008(2)	09/01/2017	Class A Common Stock	178

Reporting Owners

Reporting Owner Name / Address	Relationships							
. 9	Director	10% Owner	Officer	Other				
Decker Casey			Chief					
5400 UNIVERSITY AVENUE			Information					
WEST DES MOINES, IA 50266			Officer					

Signatures

By: Mark Wickham per filed confirming stmt For: Casey
Decker

12/13/2016

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Reporting person holds 771.84 shares in a company sponsored 401(k) plan. Ownership form is indirect and the nature of the indirect beneficial ownership is by Trust.
- (2) Shares become exercisable annually, beginning one year from the date of grant, pro-rata during a five year period, subject to compliance with annual dollar limits for incentive stock option grants.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Reporting Owners 2

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