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ARENA RE	SOURCES INC									
Form 4	0									
May 01, 200									PROVAL	
FORM	14 UNITED S	STATES SECU W	RITIES A ashington,			NGE C	OMMISSION	OMB OMB Number:	3235-0287	
Check this box if no longer subject to STATEMENT OF CHANGES IN BENE				BENEFI	ENEFICIAL OWNERSHIP OF			Expires: Estimated a	January 31, 2005 average	
Section 1 Form 4 o		SECURITIES						burden hours per		
Form 5 obligation may cont See Instru 1(b).	Filed pur ns Section 17(a	suant to Section a) of the Public 30(h) of the 1	Utility Hole	ding Com	ipany	Act of	1935 or Section	response	0.5	
(Print or Type I	Responses)									
			2. Issuer Name and Ticker or Trading Symbol ARENA RESOURCES INC [ARD]				5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First) (N	Middle) 3. Date	3. Date of Earliest Transaction			_	(Check	ck all applicable)		
5 CLANCY		(Month/Day/Year) 04/29/2008				X Director 10% Owner X Officer (give title Other (specify below) below) CEO				
			If Amendment, Date Original led(Month/Day/Year)				 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person 			
RANCHO N	MIRAGE, CA 922	270					Form filed by M Person			
(City)	(State)	(Zip) Ta	ble I - Non-I	Derivative S	Securi	ties Acqu	uired, Disposed of	, or Beneficial	y Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year	Code	4. Securiti on(A) or Dis (Instr. 3, 4)	sposed	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	04/29/2008	04/29/2008	G		D	\$ 44.82	1,266,900 (1)	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. onNumber of Derivativ Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	5	te	7. Title and A Underlying S (Instr. 3 and	Securities	8. P Der Sec (Ins
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock Option	\$ 1.85					04/01/2004	10/01/2008	Common Stock	50,000 (2)	
Stock Option	\$ 4.15					01/02/2006	07/02/2010	Common Stock	250,000 (2)	
Stock Option	\$ 19.23					01/22/2008	07/22/2012	Common Stock	150,000 (2)	
Stock Option	\$ 37.85					12/17/2008	06/17/2013	Common Stock	25,000 (2)	

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Reporting Owners

Reporting Owner Name / Address		Relationships					
		10% Owner	Officer	Other			
Rochford Living Trust Lloyd Timothy Rochford, Trustee 5 CLANCY LANE SOUTH RANCHO MIRAGE, CA 92270	Х		CEO				
Signatures							

Lloyd Timothy Rochford	05/01/2008		
**Signature of Reporting Person	Date		

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The common stock reported in Table I, Column 5, is owned in the name of Rochford Living Trust, of which Lloyd T. Rochford is the Trustee and beneficial owner.
- (2) Options are exercisable for 20% of the underlying shares, per year, over five years. The options are currently held by Lloyd Timothy Rochford, individually.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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