SWIFT ENERGY CO

Form 4 April 26, 2016

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB 3235-0287 Number:

OMB APPROVAL

Check this box if no longer subject to

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

January 31, Expires: 2005

Section 16. Form 4 or Form 5 obligations

SECURITIES

Estimated average burden hours per 0.5 response...

may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * Tomberlin Steven L.			2. Issuer Name and Ticker or Trading Symbol SWIFT ENERGY CO [SFYWQ]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) (First) (Middle)		(Middle)	3. Date of Earliest Transaction	(Sheek all applicable)			
17001 NORTHCHASE DRIVE, SUITE 100		RIVE,	(Month/Day/Year) 04/22/2016	Director 10% Owner Officer (give title Other (specify below) Sr. VP, Resource Devel & Eng			
(Street)			4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line)			
HOUSTON, TX 77060			Thed(Month Day) Teal)	_X_Form filed by One Reporting PersonForm filed by More than One Reporting Person			

							1 013011		
(City)	(State) (Zi	p) Table I	- Non-Dei	ivative Se	curitie	s Acqu	ired, Disposed o	f, or Benefici	ally Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transacti Code (Instr. 8)	` '	sposed	l of	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
SFY Common Stock-401(k)							0 (1)	I	401(k)
Swift Energy Company Common Stock	04/22/2016		J(2)	46,200 (2)	D	\$ 0	56,505	D	
SFY Cmmn Stk-Family Member	04/22/2016		D(3)	2,000 (3)	D	\$0	0	Ι	By children
	04/22/2016		D(3)		D	\$0	0	I	

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SFY Cmmn Stock-By Other Holdings			30,000					By Family Partnership
Swift Energy Company Common Stock	04/22/2016	D(3)	56,505 (3)	D	\$0	0	D	
SFY Cmmn Stock-IRA Holdings	04/22/2016	D(3)	79,255 (3)	D	\$0	0	I	By IRA

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

9. Nu Deriv Secur Bene Own Follo Repo Trans (Instr

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	cisable and	7. Titl	le and	8. Price of	9
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transaction	orNumber	Expiration D	ate	Amou	ınt of	Derivative]
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Under	lying	Security	5
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Securi	ities	(Instr. 5)]
	Derivative				Securities			(Instr.	3 and 4)		(
	Security				Acquired			·			J
	Ĭ				(A) or]
					Disposed						-
					of (D)						(
					(Instr. 3,						
					4, and 5)						
					,						
									Amount		
						Date	Expiration		or		
						Exercisable	Date	Title	Number		
						Z.icicibuoie	2		of		
				Code V	(A) (D)				Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships						
. 0	Director	10% Owner	Officer	Other			
Tomberlin Steven L.			Sr. VP,				
17001 NORTHCHASE DRIVE, SUITE 100			Resource				
HOUSTON, TX 77060			Devel & Eng				
0:							

Signatures

Laurent A. Baillargeon, POA for Steven L.

Tomberlin

04/26/2016

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**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Since the date of the reporting person's last ownership report, the reporting person has disposed of 3,099 shares held in his 401(k) account in a required diversification pursuant to the withdrawal of SFY Common Stock as an investment choice.
- Pursuant to Section 503(c) of the Bankruptcy Code, the reporting person's Restricted Stock awards were cancelled upon the Issuer's emergence from bankruptcy, including shares which were prohibited from vesting during the time that the Issuer was in bankruptcy.
- (3) Pursuant to the Plan of Reorganization approved by the Board of Directors and filed with the bankruptcy court, the Issuer's common stock (SFYWQ) was cancelled on April 22, 2016.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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