Edgar Filing: TORCHMARK CORP - Form 4

TORCHMARK CORP

Form 4 December 15	, 2004								
FORM	1						PPROVAL		
	UNITEDS	TATES SECUR Was	ITIES AND EX hington, D.C. 20		COMMISSION	OMB Number:	3235-0287		
Check this if no longe	or.					Expires:	January 31, 2005		
subject to Section 16 Form 4 or Form 5 obligation may contin See Instruc	Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 20(b) of the Investment Company Act of 1940						average Irs per 0.5		
1(b). (Print or Type R	esponses)								
1. Name and Ad SMITH ROC	ddress of Reporting Po GER C	Symbol	2. Issuer Name and Ticker or Trading Symbol TORCHMARK CORP [TMK]			5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First) (Mi	iddle) 3. Date of	3. Date of Earliest Transaction (Che			ck all applicable)			
	MERICAN E COMPANY, 3 DNEBRIDGE DR	(Month/Da 12/13/20 700	(Month/Day/Year) 12/13/2004			Director 10% Owner Officer (give title X Other (specify below) below) below) Exec. Officer of Principal Sub			
Filed(Month/Day			ndment, Date Origina th/Day/Year)	ıl	Applicable Line) _X_ Form filed by (6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 			
MCKINNEY	7, TX 75070				Person		oportung		
(City)	(State) (Z	Zip) Table	e I - Non-Derivative	Securities Ac	quired, Disposed of	f, or Beneficia	lly Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	· ·	(A) or ed (A) or ed of (D) 5, 4 and 5) (A) or	Beneficially Owned	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common Stock				(_) 1100	200	D			
Common Stock					120 <u>(1)</u>	Ι	Thrift Plan Trust		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (Right to Buy)	\$ 56.24	12/13/2004		А	40,000	06/13/2005	12/15/2014	Common Stock	40,000

Reporting Owners

Reporting Owner Name / Address		Relationships					
	Director	10% Owner	Officer	Other			
SMITH ROGER C UNITED AMERICAN INSURANCE COMPANY 3700 SOUTH STONEBRIDGE DRIVE MCKINNEY, TX 75070				Exec. Officer of Principal Sub			
Signatures							
Roger C. Smith, By:/s/Carol A. McCoy, Attorney-in-fact		12/15/2004					
<u>**</u> Signature of Reporting Person		Date					
Explanation of Responses:							
		(1)(1)					

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Shares in unitized fund in employee benefit plan - estimated conversion of \$ balance to shares using \$55.73 per share.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.