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KROGER (Form 4	CO									
September	15, 2014									
FORM	14		an an						OMB AP	PROVAL
	UNITED	STATES		RITIES A shington			ANGE C	OMMISSION	OMB Number:	3235-0287
Check this box January										
(Print or Type	Responses)									
	Address of Reporting IAN J MICHAEI	_	Symbol	er Name an ER CO []		Tradi		5. Relationship of R Issuer		
(Last)	(First) (of Earliest T	-			(Check	all applicable)	1
THE KRO STREET	GER CO., 1014 V		(Month/ 09/12/2	Day/Year) 2014				Director X Officer (give to below) Senior		Owner r (specify
CINCINN	(Street) ATI, OH 45202			endment, D onth/Day/Yea	-	al		6. Individual or Join Applicable Line) _X_ Form filed by Or Form filed by Mo Person	e Reporting Per	son
(City)	(State)	(Zip)	Tab	ole I - Non-	Derivative	Secu		ired, Disposed of,	or Beneficiall	v Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		d Date, if	3. Transactic Code		ies Ac ed of (quired (A) D)	5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect	7. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code V	Amount	or (D)	Price	Transaction(s) (Instr. 3 and 4)	(I) (Instr. 4)	
Common Stock	09/12/2014			М	20,000	. ,		212,047.9412	D	
Common Stock	09/12/2014			М	20,000	A	\$ 28.27	232,047.9412	D	
Common Stock	09/12/2014			М	20,000	А	\$ 28.61	252,047.9412	D	
Common Stock	09/12/2014			М	20,000	А	\$ 22.34	272,047.9412	D	
Common Stock	09/12/2014			S	20,000	D	\$ 51.724 (1)	252,047.9412	D	

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Common Stock	09/12/2014	S	20,000	D	\$ 51.58 (2)	232,047.9412	D
Common Stock	09/12/2014	S	20,000	D	\$ 51.682 (3)	212,047.9412	D
Common Stock	09/12/2014	S	20,000	D	\$ 51.954 (4)	192,047.9412 (5)	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amour Underlying Securit (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amo or Num of Sh
Non-Qualified Stock Option	\$ 19.94	09/12/2014		М	20,000	(6)	05/04/2016	Common Stock	20,0
Non-Qualified Stock Option	\$ 28.27	09/12/2014		М	20,000	(6)	06/28/2017	Common Stock	20,0
Non-Qualified Stock Option	\$ 28.61	09/12/2014		М	20,000	(6)	06/26/2018	Common Stock	20,0
Non-Qualified Stock Option	\$ 22.34	09/12/2014		М	20,000	(6)	06/25/2019	Common Stock	20,0

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
SCHLOTMAN J MICHAEL THE KROGER CO. 1014 VINE STREET CINCINNATI, OH 45202			Senior Vice President				

Signatures

/s/ J. Michael Schlotman, by Stacey M. Heiser, Attorney-in-Fact

**Signature of Reporting Person

09/15/2014

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$51.50 to \$51.88, inclusive. The reporting person undertakes to provide to The Kroger Co., any security holder of The Kroger Co., or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth above.

The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$51.45 to \$51.66, inclusive. The reporting person undertakes to provide to The Kroger Co., any security holder of The Kroger Co., or the staff of

(2) the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth above.

The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$51.65 to \$51.71, inclusive. The reporting person undertakes to provide to The Kroger Co., any security holder of The Kroger Co., or the staff of

(3) to \$51.77, inclusive. The reporting person undertakes to provide to the Kroger Co., any security holder of the Kroger Co., of the start of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth above.

The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$51.81 to \$52.06, inclusive. The reporting person undertakes to provide to The Kroger Co., any security holder of The Kroger Co., or the staff of

- (4) to \$22.00, inclusive. The reporting person undertakes to provide to the Kroger Co., any security holder of the Kroger Co., of the start of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth above.
- (5) The total amount of securities directly owned by the reporting person includes shares in the Company's employee benefit plans that are deemed to be 'tax-conditioned plans' pursuant to Rule 16b-3, to the extent disclosed on reports received from plan trustees.
- (6) These options were granted under a long-term incentive plan of The Kroger Co. and vest in equal annual installments in whole amounts over a five-year period, at the rate of 20% per year commencing one year from the date of the grant.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.