### AVALONBAY COMMUNITIES INC

Form 4

September 04, 2014

September (	04, 2014										
FORM	14 UNITED	STATES	SECURIT	IES A	AND EX	ксн	ANGE C	OMMISSION	OMB AP	PROVAL	
Chack t					, D.C. 2				Number:	3235-0287	
Check this box if no longer subject to STATEMENT OF CH				'C TN	DENE:	etci	AL OWN	NEDCHID OF	Expires:	January 31, 2005	
subject t Section Form 4	16.	VIENT O	SI	VERSIII OF	Estimated average burden hours per response						
Form 5 obligations may continue. See Instruction 1(b).  Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940								·			
(Print or Type	Responses)										
Wilson Stephen W Symbol AVAI			2. Issuer Na Symbol AVALONI					5. Relationship of Reporting Person(s) to Issuer  (Check all applicable)			
			INC [AVB								
(Last)	` ,	(Middle)	3. Date of Ear (Month/Day/	Year)	ransactio	n		Director _X_ Officer (give to below)		Owner (specify	
C/O AVAI COMMUN INC., BAL GLEBE RO	NITIES, LSTON TOWER	k, 671 N.	09/02/2014	•					e Vice Preside	nt	
	(Street)		4. If Amendm	ent, D	ate Origii	nal		6. Individual or Joi	nt/Group Filing	g(Check	
ARLINGT	ON, VA 22203		Filed(Month/D	ay/Yea	ar)			Applicable Line) _X_ Form filed by Or Form filed by Mo			
		(7:m)						Person			
(City)	(State)	(Zip)		Non-			_	uired, Disposed of,			
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execution any		e	4. Securi for Dispos (Instr. 3,	sed of 4 and (A)		5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Cod	e V	Amount	or (D)	Price	(Instr. 3 and 4)			
Common Stock, par value \$.01 per share	09/02/2014		M		2,412	A	\$ 130.23	3 <u>22,179.4137</u> <u>(1)</u>	D		
Common Stock, par value \$.01 per share	09/02/2014		M		3,983	A	\$ 132.95	26,162.4137 (1)	D		
	09/02/2014		S		6,395	D			D		

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Common	\$	19,767.4137
Stock, par	153.7659	<u>(1)</u>
value \$.01	<u>(2)</u>	
per share		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number action of Derivative Securities 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amoun or Number of Shares
Employee Stock Options (Right to Buy)	\$ 130.23	09/02/2014		M		2,412	02/13/2014(3)	02/13/2023	Common Stock	2,412
Employee Stock Options (Right to Buy)	\$ 132.95	09/02/2014		M		3,983	02/16/2013(4)	02/16/2022	Common Stock	3,983

# **Reporting Owners**

Reporting Owner Name / Address		Relationships		
. 8	Director	10% Owner	Officer	Other
Wilson Stephen W				
C/O AVALONBAY COMMUNITIES, INC.			Executive Vice President	
BALLSTON TOWER, 671 N. GLEBE ROAD			Executive Vice President	
ARLINGTON, VA 22203				

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## **Signatures**

Catherine T. White, as attorney-in-fact under Power of Attorney dated February 17, 2010.

09/04/2014

\*\*Signature of Reporting Person

Date

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The amount of securities owned following the reported transaction reflects direct ownership of all shares of common stock, including restricted shares.
- This transaction was executed in multiple trades at prices ranging from \$153.50 to \$154.02. The price reported above reflects the weighted average sale price. The reporting person hereby undertakes to provide upon request to the SEC staff, the issuer or a security holder of the issuer full information regarding the number of shares and prices at which the transaction was effected.
- (3) The options exercised were included in options granted under the issuer's stock option and incentive plan on February 13, 2013 which became exercisable in three equal installments beginning on February 13, 2014.
- (4) The options exercised were included in options granted under the issuer's stock option and incentive plan on February 16, 2012 which became exercisable in three equal installments beginning on February 16, 2013.
- (5) Following the reported transaction, the reporting person holds 16,105 options to purchase the issuer's common stock granted on various dates and with varying exercise prices and vesting dates.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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