TORCHMARK CORP

Form 4/A August 01, 2016

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287

Expires:

5. Relationship of Reporting Person(s) to

(Check all applicable)

Issuer

January 31, 2005

0.5

Estimated average burden hours per

OMB APPROVAL

response...

if no longer subject to Section 16. Form 4 or Form 5 obligations

may continue.

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940 See Instruction

2. Issuer Name and Ticker or Trading

TORCHMARK CORP [TMK]

Symbol

1(b).

(Print or Type Responses)

COLEMAN GARY L

1. Name and Address of Reporting Person *

(Last)	(First)	(Middle)	2 Data	of Footlie	t 7	Transaction			(Check	ан аррисаетс	,		
(Last)	(11181)	(Middle)				ransaction							
TORCHMARK				(Month/Day/Year) 04/28/2016					_X_ Director _X_ Officer (give		10% Owner le Other (specify		
		TITI	07/20/2	2010				b	below) below)				
CORPORATION, 3700 SOUTH									Co-Chairman & CEO				
STONEBR	RIDGE DRIVE												
(Street) 4. If				4. If Amendment, Date Original					6. Individual or Joint/Group Filing(Check				
			Filed(Mo	onth/Day	/Yea	ar)		A	Applicable Line)				
0.5				2016				_	_X_ Form filed by One Reporting Person				
MCKINNEY, TX 75070							F	Form filed by More than One Reporting Person					
(City)	(State)	(Zip)	Tak	ole I - N	on-	Derivative	Secu	rities Acqui	ired, Disposed of,	or Beneficial	ly Owned		
1.Title of	2. Transaction Dat	e 2A Deen	ned	3.		A Securit	ies Ac	equired (A)	5. Amount of	6.	7. Nature of		
Security	(Month/Day/Year)				actio	onor Dispos			Securities	Ownership	Indirect		
(Instr. 3)	(Month Buji Tour,	any	1 Dute, 11	Code		(Instr. 3,			Beneficially		Beneficial		
(111501.5)		(Month/D	av/Year)	(Instr.	8)	(111501.5)	· una ·	3)	Owned	Direct (D)	Ownership		
		((-,				Following	or Indirect	(Instr. 4)		
									Reported	(I)	,		
							(A)		Transaction(s)	(Instr. 4)			
				G 1			or	ъ.	(Instr. 3 and 4)	· · · · ·			
_				Code	V	Amount	(D)	Price					
Common	04/28/2016			F		20,388	D	\$ 58.02	588,081	D			
Stock	04/20/2010			•		20,500	ט	Ψ 30.02	300,001	D			
C								ф					
Common	05/02/2016			M		37,500	Α	\$	625,581	D			
Stock	02/02/2010			111		27,200		20.5823	020,001	2			
								\$					
Common	05/02/2016					25.500	_		5 00 001 (2)	ъ			
Stock	05/02/2016			S		37,500	D	57.8779	588,081 (3)	D			
Stock								(1) (2)					
											Thrift		
Common									50.021 (4)	T			
Stock									58,931 <u>(4)</u>	I	Plan		
Stock											Trust		

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number of TransactionDerivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (Right to Buy)	\$ 20.5823 (5)	05/02/2016		M		37,500 (5)	02/25/2013	02/25/2017	Common Stock	37,500 (5)

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
COLEMAN GARY L							
TORCHMARK CORPORATION	X		Co-Chairman & CEO				
3700 SOUTH STONEBRIDGE DRIVE	A Co-Chairman & CEO						
MCKINNEY, TX 75070							

Signatures

Gary L. Coleman, By:/s/Carol A. McCoy, Attorney-in-fact 08/01/2016

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) sales at prices ranging from \$57.75 per share to \$58.01 per share.
- (2) Reporting person will provide full information regarding the number of shares sold at each separate price upon request by the SEC staff, the issuer or any security holder of the issuer.
- (3) Amended to correct typocgraphical error in amount of shares owned following the transaction. Original report timely filed.

Reporting Owners 2

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- (4) Shares in unitized fund in employee benefit plan estimated conversion of \$ balance to shares using \$57.89 per share.
- (5) Previously reported as option for 50,000 shares at an exercise price of \$46.31 per share, but has been adjusted to reflect 3-for-2 stock splits paid in the form of 50% stock dividends occuring on July 1, 2011 and July 1, 2014.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.