Edgar Filing: Recatto Brian - Form 4

| Recatto Bria Form 4 | ın | | | | | | | | | | |
|--|--|--|---------------------------------------|--------------|--|--|--|---|-------------------------------|---|--|
| March 18, 2 | 009 | | | | | | | | | | |
| FORM 4 UNITED STATES SECURITIES AND EXCHANCE COMMISSION | | | | | | | | | OMB AF | PROVAL | |
| | UNITEL | O STATES | | | AND EX , D.C. 20 | | NGE C | OMMISSION | OMB Number: | 3235-0287 | |
| Check th if no lon subject t Section Form 4 c | F CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES | | | | | | Expires:January 31 2005Estimated average burden hours per response0.5 | | | | |
| Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940 | | | | | | | | | | | |
| (Print or Type | Responses) | | | | | | | | | | |
| 1. Name and Address of Reporting Person <u>*</u> Recatto Brian | | | 2. Issuer Flame und Flemer of Flaming | | | | | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) | | | |
| | | | | | | | | | | | |
| (Last) 117 THIBC | (Month/Dav/Year) | | | | | X_ Director10% Owner X_ Officer (give titleOther (specify below) | | | | | |
| (Street) | | | Filed(Month/Day/Year) | | | | | 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person | | | |
| LAFAYET | TE, LA 70503 | | | | | | | Form filed by M Person | ore than One Re | porting | |
| (City) | (State) | (Zip) | Tab | le I - Non-l | Derivative | Secur | ities Acqu | iired, Disposed of, | or Beneficial | ly Owned | |
| 1.Title of Security (Instr. 3) | 2. Transaction Dat (Month/Day/Year) | tion Date 2A. Deemed ay/Year) Execution Date, if any (Month/Day/Year) | | | 4. Securiti omr Dispose (Instr. 3, 4 | ed of (| (D) | 5. Amount of Securities Beneficially Owned Following | OwnershipInForm:BeDirect (D)O | 7. Nature of Indirect Beneficial Ownership (Instr. 4) | |
| | | | | Code V | Amount | (A) or (D) | Price | Reported Transaction(s) (Instr. 3 and 4) | (I) (Instr. 4) | | |
| Common Stock | 02/03/2009 | | | А | 16,500 (1) | А | \$ 0 | 126,348 | D | | |
| Common Stock | 03/17/2009 | | | Р | 25,000 | A | \$ 0.7044 | 151,348 | D | | |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 4. Transactio Code (Instr. 8) | 5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) | | ate | 7. Titl Amou Under Secur (Instr. | int of rlying | 8. Price of Derivative Security (Instr. 5) | 9. Nu Deriv Secu Bene Owne Follo Repo Trans (Instr |
|---|---|---|--|---|---------------------|--------------------|--|--|---|--|
| | | | Code V | (A) (D) | Date Exercisable | Expiration Date | Title | Amount or Number of Shares | | |

Reporting Owners

| Reporting Owner Name / Address | Relationships | | | | | | | |
|--|---------------|-----------|-----------------|-------|--|--|--|--|
| | Director | 10% Owner | Officer | Other | | | | |
| Recatto Brian 117 THIBODEAUX DRIVE LAFAYETTE, LA 70503 | Х | | President & CEO | | | | | |
| Signatures | | | | | | | | |
| Brian R. Recatto 03 | /18/2009 | | | | | | | |

Brian R. Recatto

**Signature of Date Reporting Person

Explanation of Responses:

If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) 8,250 shares of restricted stock vest on both June 30, 2009 and June 30, 2010.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.