U.S. Shipping Partners L.P.

Form 4

August 09, 2006

OMB APPROVAL FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION OMB 3235-0287 Washington, D.C. 20549 Number: Check this box January 31, Expires: if no longer 2005 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF subject to Estimated average **SECURITIES** Section 16. burden hours per Form 4 or response... Form 5 Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

Symbol

(Print or Type Responses)

Sterling/US Shipping L.P.

1. Name and Address of Reporting Person *

1(b).

may continue.

See Instruction

			U.S. Shipping Partners L.P. [USS]]	(Check all applicable)			
			(Month/Day/	3. Date of Earliest Transaction (Month/Day/Year) 08/07/2006				Director Officer (give titlow)	_X_ 10%		
				Day/Year) A			. Individual or Joint/Group Filing(Check applicable Line) X_ Form filed by One Reporting Person Form filed by More than One Reporting erson				
(City)	(State)	(Zip)	Table I	- Non-Der	ivative Sec	uritie	s Acquir	ed, Disposed of,	or Beneficiall	y Owned	
1.Title of Security (Instr. 3) Common units representing limited partner interests	2. Transactic (Month/Day/	Year) Exe any (Mo	Deemed cution Date, if onth/Day/Year)	3. Transactic Code (Instr. 8) Code V	4. Securition(A) or Discontinuous (Instr. 3, 4) Amount	sposed 4 and 5 (A) or (D)	of (D) Price	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Class B convertible units (2)	08/07/200	6		P	99,531	A	\$ 17.12	99,531	D		
Common units								899,968	I	See footnote	

0.5

5. Relationship of Reporting Person(s) to

Issuer

representing			(1)
limited			
partner			
interests			
Subordinated units	0 (1) (3) (4)	I	See footnotes (1) (3) (4)
General partner interest	0 (1) (4) (5)	I	See footnotes (1) (4) (5)
Incentive distribution rights	0 (1) (4)	I	See footnotes (1) (4)
Reminder: Report on a separate line for each class of securities beneficially owned directly or in	ndirectly		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

(9-02)

Deriv Secu Bene Own Follo Repo Trans (Insti

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	cisable and	7. Titl	e and	8. Price of	Ç
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transacti	orNumber	Expiration Da	ate	Amou	int of	Derivative	J
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Under	lying	Security	,
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Secur	ities	(Instr. 5)]
	Derivative				Securities			(Instr.	3 and 4)		(
	Security				Acquired						J
	·				(A) or						J
					Disposed						7
					of (D)						(
					(Instr. 3,						
					4, and 5)						
									Amount		
						Date	Expiration		or		
					Exercisable Date	Title Number					
						Lacroisable	Duic		of		
				Code V	(A) (D)				Shares		

Reporting Owners

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
Sterling/US Shipping L.P. C/O STERLING INVESTMENT PARTNERS L.P. 285 RIVERSIDE AVENUE WESTPORT 06880		X				

2 Reporting Owners

Signatures

By: Sterling Investment Partners Management LLC, its general partner By: M. William Macey, Jr., Member

08/07/2006

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Sterling/US Shipping L.P, by virture of its right to elect a majority of the Board of Shipping Master, may be demed to beneficially own the securities of the Issuer owned by Shipping Master. Sterling/US Shipping L.P. disclaims benefifical ownership of the securities owned by Shipping Master other than the securities attributable to its membership in Shipping Master. This report shall not be deemed an admission that Sterling/US Shipping L.P. is the beneficial owner of the securities for purposes of Section 16 or for any other purpose.
- The class B units are subordinate to the common units and, if approved by unitholders, will be converted into common units. The class B (2) units vote as a single class with the common units, except that the class B units are entitled to vote as a separate class on any matters that adversely affects their rights or preferences.
- United States Shipping Master LLC ("Shipping Master") owned a 98% limited interest in the Issuer. At the cosing of the Issuer's initial public offering of common units ("Common Units") representing limited partner interests (the "Offering") on November 3, 2004, Shipping Master's 98% limited partner interest was redeemed for \$1,960.
 - At the Closing of the Offering, each of Shipping Master and Shipping GP agreed to convey certain assets and liabilities to the Issuer and in exchange therfor (a) Shipping Master received 899,968 Common Units, 5,272,341 Class A subordinated units and 1,627,627 class B
- (4) subordinated units of the Issuer and (b) Shipping GP continued its 2% general partner interest and received incentive distribution rights ("IDRs"), which represent the right to receive an increasing percentage of quarterly distributions in excess of specified amounts. Shipping Master is the indirect beneficial owner of the general partner interest in the Issuer and the IDRs owned by Shipping GP.
- (5) Shipping Master owns 100% of US Shipping General Partner LLC ("Shipping GP), the sole general partner of the Issuer. Shipping GP owns a 2% general partner interest in the Issuer.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Signatures 3