INSTEEL IND Form 4 February 08, 2		С									
FORM	Л									PPROVAL	
	UNITED	UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549								3235-0287	
Check this l if no longer subject to Section 16. Form 4 or Form 5 obligations	STATE Filed pu	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section							Expires: January 31 2009 Estimated average burden hours per response 0.8		
may continu <i>See</i> Instruct 1(b).	le.		of the Inve	•	•	•			n		
(Print or Type Res	sponses)										
1. Name and Address of Reporting Person <u>*</u> Jafroodi Scot R			2. Issuer Name and Ticker or Trading Symbol INSTEEL INDUSTRIES INC [IIIN]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Last) (First) (Middle) 1373 BOGGS DRIVE			3. Date of Earliest Transaction (Month/Day/Year) 02/07/2017				Director 10% Owner X Officer (give title Other (specify below) below) Chief Accounting Officer				
MOUNTEAD	4. If Amendment, Date Original Filed(Month/Day/Year)				 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 						
MOUNT AIR	Y, NC 27030							Person		F 0	
(City)	(State)	(Zip)	Table 1	I - Non-Der	ivative Se	curiti	es Acq	uired, Disposed of	, or Beneficial	ly Owned	
(Instr. 3) any Code (Month/Day/Year) (Instr. 8)		Transactio Code (Instr. 8)	(A) or			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Indirect Beneficial			
Common Stock (Restricted Stock Units)	02/07/2017			Code V	Amount 742	(D) A	Price \$ 0	8,245	D		
Common Stock								21,159	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	Securiti	vative es ed ed of	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. De Se (It
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock Option (Right to Buy)	\$ 37.06	02/07/2017		A	2,013		<u>(1)</u>	02/07/2027	Common Stock	2,013	
Stock Option (Right to Buy)	\$ 34.49						<u>(1)</u>	08/11/2026	Common Stock	2,377	
Stock Option (Right to Buy)	\$ 23.95						<u>(1)</u>	02/11/2026	Common Stock	3,165	
Stock Optin (Right to Buy)	\$ 18.05						<u>(1)</u>	08/17/2025	Common Stock	4,211	
Stock Option (Right to Buy)	\$ 21.96						<u>(1)</u>	02/17/2025	Common Stock	3,548	
Stock Option (Right to Buy)	\$ 20.5						<u>(1)</u>	08/12/2024	Common Stock	3,890	
Stock Option (Right to Buy)	\$ 19.08						<u>(1)</u>	02/12/2024	Common Stock	3,968	
Stock Option (Right to Buy)	\$ 17.22						<u>(1)</u>	08/12/2023	Common Stock	3,957	

Stock Option (Right to Buy)	\$ 16.45	<u>(1)</u>	02/12/2023	Common Stock	3,835
Stock Option (Right to Buy)	\$ 10.23	<u>(1)</u>	08/21/2022	Common Stock	6,044
Stock Option (Right to Buy)	\$ 13.06	<u>(1)</u>	02/21/2022	Common Stock	4,538
Incentive Stock Option (Right to Buy)	\$ 10.72	<u>(1)</u>	08/08/2021	Common Stock	5,670
Incentive Stock Option (Right to Buy)	\$ 12.43	<u>(1)</u>	02/08/2021	Common Stock	4,693
Incentive Stock Option (Right to Buy)	\$ 9.16	<u>(1)</u>	08/09/2020	Common Stock	6,180

Reporting Owners

Reporting Owner Name / Address			Relationships				
I. O.	Director	10% Owner	Officer	Other			
Jafroodi Scot R 1373 BOGGS DRIVE MOUNT AIRY, NC 27030			Chief Accounting Officer				
Signatures							
James F. Petelle for Scot R. Jafroodi		02/08/2017	7				
**Signature of Reporting Person		Date					
Explanation of Responses:							

If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Options vest 1/3 annually beginning 1 year from grant date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.