LYNCH ROBERT M

Form 4 May 16, 2013

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

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Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Expires: January 31, 2005

0.5

OMB APPROVAL

Section 16.
Form 4 or
Form 5
obligations
may continue.
See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

Common

Common

Stock

Stock

05/15/2013

05/15/2013

05/15/2013

(Print or Type Responses)

	Address of Reporting OBERT M		Symbol		d Ticker or		I.	. Relationship of R ssuer (Check	Reporting Pers	
(Last) 3000 JOH	(Last) (First) (Middle) 3. Date o			/Day/Year) -				_X_ Director 10% Owner Other (specify below) President and CEO		
TOANO, '	(Street) VA 23168			ndment, D nth/Day/Yea	ate Origina ar)	ıl	A - -	. Individual or Join Applicable Line) X_ Form filed by Mo Terson	ne Reporting Per	rson
(City)	(State)	(Zip)	Tabl	e I - Non-	Derivative	Secui	rities Acqui	red, Disposed of,	or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		Date, if	3. Transactic Code (Instr. 8)	4. Securition Dispose (Instr. 3, 4)	ed of (5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	05/14/2013			M	51,157	A	\$ 26.73	109,873	D	
Common Stock	05/14/2013			S	51,157	D	\$ 89.8621 (2)	58,716	D	

M

S

S

28,843 A

18,343 D

10,500 D

\$ 26.73

89.0561 69,216

\$

(3)

87,559

58,716

Common Stock 90.1238 (4)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option	\$ 26.73	05/14/2013		M	51,157	<u>(1)</u>	01/17/2021	Common Stock	51,157
Stock Option	\$ 26.73	05/15/2013		M	28,843	<u>(1)</u>	01/17/2021	Common Stock	28,843

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
LYNCH ROBERT M 3000 JOHN DEERE ROAD TOANO, VA 23168	X		President and CEO					

Signatures

/s/ E. Livingston B. Haskell, Power of 05/16/2013 Attorney **Signature of Reporting Person

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- The stock option vests at the rate of 20% per year over five years beginning on January 17, 2012.

(2)

Reporting Owners 2

Date

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Weighted average sale price for prices ranging from \$89.80 to \$90.04. 64 shares were sold at \$90.04 per share; 300 shares were sold at each of the following prices: \$90.01 and \$90.02; 15,171 shares were sold at \$90.00 per share; and 35,322 shares were sold at \$89.80 per share.

Weighted average sale price for prices ranging from \$88.82 to \$89.50. 3 shares were sold at \$88.89 per share; 97 shares were sold at \$88.82 per share; 100 shares were sold at each of the following prices: \$88.8225, \$88.83, \$88.86, \$88.935 and \$89.01; 200 shares were

- (3) sold at \$88.921 per share; 300 shares were sold at \$88.92 per share; 500 shares were sold at \$88.93 per share; 700 shares were sold at \$88.9254 per share; 2,000 shares were sold at \$89.45 per share; 2,500 shares were sold at \$88.8297 per share; 2,600 shares were sold at \$88.9275 per share; 2,700 shares were sold at \$88.9154 per share; and 3,900 shares were sold at \$89.00 per share.
- Average weighted share price for prices ranging from \$90.00 to \$90.20. 2,500 shares were sold at \$90.00 per share; 3,000 shares were sold at \$90.10 per share; and 5,000 shares were sold at \$90.20 per share.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.