NATIONAL HEALTH INVESTORS INC

Form 4 April 20, 2016

FORM 4

Section 16.

Form 4 or

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Check this box if no longer subject to STATEMENT OF CHANGES IN I

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Form 5 obligations may continue. See Instruction See Instruction Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *

Hopkins Roger R

2. Issuer Name **and** Ticker or Trading

Symbol

NATIONAL HEALTH INVESTORS INC [NHI]

(Last) (First) (Middle)

(Street)

3. Date of Earliest Transaction

(Month/Day/Year) 04/18/2016

222 ROBERT ROSE DRIVE

4. If Amendment, Date Original Filed(Month/Day/Year)

est Transaction _____ Director

____ Director ____ 10% Owner ____ Other (specify below) below)

5. Relationship of Reporting Person(s) to

Chief Accounting Officer

(Check all applicable)

OMB APPROVAL

Estimated average

burden hours per

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January 31,

2005

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Number:

Expires:

response...

 $6.\ Individual\ or\ Joint/Group\ Filing (Check$

Applicable Line)

X Form filed by One Reporting Person ___ Form filed by More than One Reporting

Person

Issuer

MURFREESBORO, TN 37129

(City)	(State)	(Zip) Tab	le I - Non-l	Derivative S	Securit	ies Acqui	red, Disposed of	, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities oner Dispose (Instr. 3, 4	d of (L))	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code V	Amount	(D)	Price	(Ilistr. 3 and 4)		
Common Stock	04/18/2016		M	16,666	A	\$ 64.49	41,224	D	
Common Stock	04/18/2016		M	16,666	A	\$ 64.49	57,890	D	
Common Stock	04/18/2016		M	16,668	A	\$ 64.49	74,558	D	
Common Stock	04/18/2016		M	16,666	A	\$ 61.31	91,224	D	
Common Stock	04/18/2016		M	16,666	A	\$ 61.31	107,890	D	

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Common Stock	04/18/2016	M	16,668	A	\$ 61.31	124,558	D
Common Stock	04/18/2016	M	16,666	A	\$ 60.52	141,224	D
Common Stock	04/18/2016	F	110,924	D	\$ 68.66	30,300	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)			6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Options (Right to Buy)	\$ 64.49	04/18/2016		M		16,666	02/25/2013	02/25/2018	Nhi Common Stock	16,666
Stock Options (Right to Buy)	\$ 64.49	04/18/2016		M		16,666	02/25/2014	02/25/2018	Nhi Common Stock	16,666
Stock Options (Right to Buy)	\$ 64.49	04/18/2016		M		16,668	02/25/2015	02/25/2018	Nhi Common Stock	16,668
Stock Options (Right to Buy) 2-25-14	\$ 61.31	04/18/2016		M		16,666	02/25/2014	02/25/2019	Common Stock	16,666
Stock Options (Right to	\$ 61.31	04/18/2016		M		16,666	02/25/2015	02/25/2019	Common Stock	16,666

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Buy) 2-25-14								
Stock Options (Right to Buy) 2-25-14	\$ 61.31	04/18/2016	M	16,668	02/25/2016	02/25/2019	Common Stock	16,668
Stock Options (Right to Buy)	\$ 60.52	04/18/2016	M	16,666	02/22/2016	02/22/2021	Common Stock	16,666
Stock Options (Right to Buy)	\$ 72.11				02/20/2015	02/20/2020	Common Stock	16,666
Stock Options (Right to Buy)	\$ 72.11				02/20/2016	02/20/2020	Common Stock	16,666
Stock Options (Right to Buy)	\$ 72.11				02/20/2017	02/20/2020	Common Stock	16,668
Stock Options (Right to Buy)	\$ 60.52				02/22/2017	02/22/2021	Common Stock	16,666
Stock Options (Right to Buy)	\$ 60.52				02/22/2018	02/22/2021	Common Stock	16,668

Reporting Owners

Reporting Owner Name / Address			Relationships	
	Director	10% Owner	Officer	Other

Hopkins Roger R 222 ROBERT ROSE DRIVE MURFREESBORO, TN 37129

Chief Accounting Officer

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Signatures

/s/Roger R. 04/20/2016 Hopkins

**Signature of Date Reporting Person

Reporting Owners

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.