Spectra Energy Corp. Form 4 February 23, 2016

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB

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Check this box if no longer subject to Section 16. Form 4 or

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * Yardley William T.			Symbol		nd Ticker or Trading Corp. [SE]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last)	(First)	(Middle)		of Earliest Day/Year)	Transaction	Director	1	ŕ	
5400 WESTHEIMER COURT			02/19/	• •		X Officer (give title Other (specification) below) Pres, US Transmission&Storage			
	(Street)		4. If An	nendment,	Date Original	6. Individual or	Joint/Group Fi	ling(Check	
			Filed(M	onth/Day/Y	ear)	Applicable Line) _X_ Form filed by	One Reporting	Person	
HOUSTON	N, TX 77056					Form filed by Person	More than One	Reporting	
(City)	(State)	(Zip)	Tal	ble I - Nor	a-Derivative Securities Ac	quired, Disposed	of, or Benefic	ially Owned	
1.Title of Security	2. Transaction D (Month/Day/Yea			3. Transact	4. Securities Acquired tion(A) or Disposed of (D)	5. Amount of Securities	6. Ownership	7. Nature o Indirect	

(City)	(State)	(Zip) Tab	le I - Non-	Derivativ	e Secu	irities Ac	quired, Disposed	of, or Benefici	ally Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)				5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)	(I) (Instr. 4)	
Common Stock	02/19/2016		M	8,500	A	\$ 0	60,622.47	D	
Common Stock	02/19/2016		F	2,325	D	\$ 28.63	58,297.47	D (1)	
Common Stock							12,400.1425	I	Retirement Savings Plan

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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displays a currently valid OMB control number.

6. Date Exercisable and

7. Title and Amount of

5. Number

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

Derivative Security (Instr. 3)	Conversion or Exercise Price of Derivative Security	(Month/Day/Year)	Execution Date, if any (Month/Day/Year)	Transactic Code (Instr. 8)	on Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	Expiration Date (Month/Day/Year)		Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
LTIP Phantom Stock Grant Feb 2013	(2)	02/19/2016		M	8,500	02/19/2016	02/19/2016(3)	Common Stock	8,500

Reporting Owners

Reporting Owner Name / Address Relationships

3. Transaction Date 3A. Deemed

Director 10% Owner Officer Other

Yardley William T. 5400 WESTHEIMER COURT HOUSTON, TX 77056

Pres, US Transmission&Storage

Signatures

1. Title of 2.

/s/ Annachiara Jones, attorney-in-fact 02/22/2016

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Includes shares acquired pursuant to dividend reinvestment.
- (2) Converts to Common Stock on a 1-for-1 basis.
- (3) Grant cliff vests 3 years from date of Grant.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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