TOMPKINS FINANCIAL CORP

Form 4

November 05, 2014

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287

Expires:

January 31, 2005

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See Instruction

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * FULMER JAMES W			Symbol		Ticker or Trading	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
	(First) (S FINANCIAL TION, P O BOX	(3. Date of Earliest Transaction (Month/Day/Year) 11/03/2014		_X_ Director _X_ Officer (giv below)			
	(Street)	4	4. If Ame	ndment, Da	ite Original	6. Individual or J	oint/Group Fili	ng(Check
ITHACA, N	JY 14851	F	Filed(Mon	nth/Day/Year)	Applicable Line) _X_ Form filed by Form filed by I	1 0	
1111111011,1	(1 1 1001					Person		
(City)	(State)	(Zip)	Tabl	e I - Non-D	Perivative Securities Acq	uired, Disposed o	f, or Beneficia	lly Owned
1.Title of Security	2. Transaction Date (Month/Day/Year)			3. Transactio	4. Securities Acquired on(A) or Disposed of (D)	5. Amount of Securities	6. Ownership Form: Direct	

(City)	(State) (Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	ransaction(A) or Disposed of (D) ode (Instr. 3, 4 and 5) instr. 8)		5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)			
			Code V	Amount	or (D)	Price	(Instr. 3 and 4)			
Common Stock	11/03/2014		M	1,785	A	\$ 37	64,679	D		
Common Stock	11/03/2014		F	118 (1)	D	\$ 50.2	64,561	D		
Common Stock	11/03/2014		D	1,316 (2)	D	\$ 50.2	63,245	D		
Common Stock	11/03/2014		M	7,480	A	\$ 41.71	70,725	D		
Common Stock	11/03/2014		F	317 (1)	D	\$ 50.2	70,408	D		

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Common Stock	11/03/2014	D	6,215 (2)	D	\$ 50.2	64,193	D	
Common Stock						10,393	I	by ESOP
Common Stock						28,155	I	By Spouse

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)			vative Expiration Date es (Month/Day/Year) d		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Appreciation Rights (SAR)	\$ 37	11/03/2014		M		1,785	<u>(3)</u>	08/19/2021	Common Stock	1,785
Stock Appreciation Rights (SAR)	\$ 41.7091	11/03/2014		M		7,480	(3)	09/17/2019	Common Stock	7,480

Reporting Owners

Reporting Owner Name / Address	Relationships						
. 0	Director	10% Owner	Officer	Other			
FULMER JAMES W TOMPKINS FINANCIAL CORPORATION P O BOX 460 ITHACA, NY 14851	X		Vice Chairman				

Reporting Owners 2

Signatures

/s/ James W. 11/05/2014 Fulmer

**Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares withheld for taxes.
- (2) Deemed disposition of shares to satisfy the exercise price.

Stock Appreciation Rights (SARs) were granted pursuant to the Tompkins Financial Corporation 2009 Equity Plan. SARs have a seven

(3) year vesting schedule with 0% vesting in year one, 17% vesting in years two through six, and 15% vesting in year seven. When exercised, the SARs will be settled in Common Stock of the Company. The grant will expire ten years from the date of the grant.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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