Edgar Filing: INGRAM ORRIN H II - Form 4

INGRAM ORRI	N H II								
Form 4 January 04, 2011									
								OMB A	PPROVAL
FORM 4	UNITED	STATES		RITIES A			E COMMISSION	NOMB Number:	3235-0287
Check this bo if no longer subject to Section 16. Form 4 or Form 5 obligations	STATEM Filed pur Section 17(suant to S	Section 1	SECUI	RITIES ne Securi	ties Excha	WNERSHIP OF nge Act of 1934, of 1935 or Sectio	Estimated burden hou response	urs per
may continue. <i>See</i> Instruction 1(b).				•	•	ny Act of 1			
(Print or Type Respo	onses)								
1. Name and Addre INGRAM ORR		Person <u>*</u>	Symbol	er Name an -COLA E		Trading	5. Relationship o Issuer C. (Che	of Reporting Per teck all applicabl	
(Last) 4400 HARDING		Middle)		of Earliest T Day/Year) 2010	ransaction		_X_ Director Officer (giv below)		% Owner her (specify
	(Street)		4. If Am	endment, D onth/Day/Yea	-	վ	6. Individual or J Applicable Line) _X_ Form filed by Form filed by		erson
NASHVILLE, 7	I'N 37205						Person		eporting
(City)	(State)	(Zip)	Tab	le I - Non-l	Derivative	Securities A	Acquired, Disposed of	of, or Beneficia	lly Owned
	ransaction Date nth/Day/Year)	2A. Deemo Execution any (Month/Da	Date, if	3. Transactic Code (Instr. 8)	Disposed (Instr. 3,	(A) or of (D) 4 and 5) (A) or	Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code V	Amount	(D) Price	(,		
Reminder: Report of	n a separate line	e for each cla	ass of sec	urities bene	-	-	-		
					inforr requi	nation con red to resp ays a curre	spond to the colle tained in this form ond unless the for ntly valid OMB co	are not rm	SEC 1474 (9-02)

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number	6. Date Exercisable and	7. Title and Amount of	8. Pri
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	onof Derivative	Expiration Date	Underlying Securities	Deriv
Security	or Exercise		any	Code	Securities	(Month/Day/Year)	(Instr. 3 and 4)	Secur

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(Instr. 3)	Price of Derivative Security		(Month/Day/Year)	(Instr. 8)	Acquired (A) or Disposed (D) (Instr. 3, and 5)	d of					(Instr
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Phantom Stock	<u>(1)</u>	12/31/2010		А	1,117		<u>(1)</u>	(1)	Common Stock	1,117	\$
Quarterly DSU Award	<u>(2)</u>	01/01/2011		А	1,198		(2)	(2)	Common Stock	1,198	\$

Reporting Owners

Reporting Owner Name / Address				
	Director	10% Owner	Officer	Other
INGRAM ORRIN H II 4400 HARDING ROAD NASHVILLE, TN 37205	Х			
Signatures				
Suzanne N. Forlidas, attorney-in-fact		01/04/201		
**Signature of Reporting Person		Date		

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Phantom stock units acquired pursuant to a deferred compensation agreement between reporting person and Company and/or increases to the Director's phantom stock credits under the Deferred Compensation Plan for nonemployee Directors due to deemed reinvestments of

- (1) the Director's phantom stock creates under the Dereffed Compensation Plan for nonemployee Director's due to deemed remeestments of hypothetical dividens thereunder. Payment of the number of shares credited to the account occurs upon the Director's departure from the Board.
- (2) Phantom stock units credited to the reporting person's Quarterly DSU Award account under the Deferred Compensation Plan for Nonemployee Directors. Payment of the number of shares credited to the account occurs upon the Director's departure from the Board.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.