Edgar Filing: CAPSTEAD MORTGAGE CORP - Form 4

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	MORTGAGE (CORP									
Form 4 July 31, 2014	Ļ										
	1									PPROVAL	
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549								OMB Number:	3235-0287		
Check this box if no longer CTATEMENT OF CHANCES IN DENEELCIAL OWNERSHIP OF								Expires:	January 31, 2005		
subject to Section 16. STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES							Estimated burden hou	irs per			
Form 5	Form 4 or Form 5 Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,										
obligations may continue. Section 17(a) of the Public Utility Holding Company Act of 1935 or Section											
<i>See</i> Instruction 30(h) of the Investment Company Act of 1940 1(b).											
(Print or Type R	esponses)										
1. Name and Address of Reporting Person _2. Issuer Name and TicMAHOWALD CHRISTOPHER WSymbol				Ticker or '	Tradin	g	5. Relationship of Reporting Person(s) to Issuer				
			CAPSTEAD MORTGAGE CORP [CMO]				RP	(Check all applicable)			
(Last)	(First) (Middle)					X Director Officer (give	X Director 10% Owner Officer (give title Other (specify			
			(Month/Day/Year) Oncer (give t below)					below)			
			4. If Ame	4. If Amendment, Date Original				6. Individual or Joint/Group Filing(Check			
				led(Month/Day/Year)				Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting			
DALLAS, T	X 75204							Person	More than One R	eporting	
(City)	(State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned										
1.Title of Security (Instr. 3)	2. Transaction Da (Month/Day/Year) Executi any		3. 4. Securities TransactionAcquired (A) or Code Disposed of (D) (Instr. 8) (Instr. 3, 4 and 5) (A)			SecuritiesHBeneficially(OwnedH	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)			
				Code V	Amount	or (D)	Price	(Instr. 3 and 4)			
Common Stock	07/29/2014			А	5,000	А	<u>(1)</u>	159,059	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title o Derivativ Security (Instr. 3)	ve Conversion or Exercise	3. Transaction Date (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3,			7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owne Follo Repo Trans (Instr
			Code V	4, and 5) (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

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Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
MAHOWALD CHRISTOPHER W RSF PARTNERS 3232 MCKINNEY AVE DALLAS, TX 75204	Х						
Signatures							
Phillip A. Reinsch For: Chris Mahowald		07/31/2014					
**Signature of Reporting Person		Date					
Explanation of Responses:							

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Award of restricted shares to each non-employee director from the Amended and Restated 2014 Flexible Incentive Plan as part fo the director's annual retainer. The award will vest in full on July 15, 2015 with the expectation that each director will retain all the shares.

Remarks:

Note: Also see attached Exhibit EX-24 Attachment 0.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.