#### **AXELROD NORMAN**

Form 4 April 06, 2011

## FORM 4

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

**SECURITIES** 

**OMB APPROVAL** OMB

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

See Instruction 1(b).

(Print or Type Responses)

may continue.

1. Name and Address of Reporting Person * AXELROD NORMAN			2. Issuer Name <b>and</b> Ticker or Trading Symbol			5. Relationship of Reporting Person(s) to Issuer			
			INC. [G	~	TON HOLDINGS	(Check all applicable)			
(Last)	(First)	(Middle)	3. Date of (Month/Da	Earliest Tr ay/Year)	ansaction	Officer (give tit	le		
C/O GNC H	OLDINGS,	INC., 300	04/06/20	)11		below)	below)		
SIXTH AVE	ENUE	,	3 11 3 37 = 1						
	(Street)		4. If Amer	ndment, Da	te Original	6. Individual or Join	t/Group I	Filing(Check	
			Filed(Mon	th/Day/Year		Applicable Line) _X_ Form filed by One	e Reportin	g Person	
PITTSBURG	GH, PA 1522	22				Form filed by Mor Person	e than On	e Reporting	
(City)	(State)	(Zip)	Table	e I - Non-D	erivative Securities Acq	uired, Disposed of, o	or Benefi	cially Owned	
1.Title of	2. Transaction	on Date 2A. De	eemed	3.	4. Securities Acquired	5. Amount of	ó.	7. Natui	

(City)	(State) (Zi	(Zip) Table I - Non-Derivative Securities Acquired, Di					, or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	4. Securities Actor(A) or Disposed (D) (Instr. 3, 4 and 5) (A) or Amount (D)	of	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Class A common stock, par value \$0.001 ("Common Stock")	04/06/2011		M	16,010 A	\$ 5	75,636	D	
Common Stock	04/06/2011		M	16,010 A	\$ 7.5	91,646	D	
Common Stock	04/06/2011		S	38,552 D	\$ 16	53,094	D	

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Common Stock	04/06/2011	S	3,266	D	\$ 16 26,547	I	By AS Skip, LLC ("AS Skip") (1)
Series A preferred stock, par value \$0.001	04/06/2011	J <u>(2)</u>	20,374	D	\$ 5 (2) 0	D	
Series A preferred stock, par value \$0.001	04/06/2011	J <u>(2)</u>	10,187	D	\$ 5 (2) 0	I	By AS Skip (1)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of or Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option (right to buy)	\$ 5	04/06/2011		M	16,010	(3)	06/05/2017	Common Stock	16,010 ( <u>3)</u>
Stock Option (right to buy)	\$ 7.5	04/06/2011		M	16,010	(3)	06/05/2017	Common Stock	16,010 (3)

# **Reporting Owners**

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
	X						

Reporting Owners 2

AXELROD NORMAN C/O GNC HOLDINGS, INC. 300 SIXTH AVENUE PITTSBURGH, PA 15222

## **Signatures**

/s/ Gerald J. Stubenhofer, Jr., by power of attorney

04/06/2011

\*\*Signature of Reporting Person

Date

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The shares are held by AS Skip, a Delaware limited liability company, of which Mr. Axelrod is the managing member.
- The reported security was redeemed by the issuer at a redemption price per share of \$5.00, plus accrued and unpaid dividends through the redemption date of April 6, 2011, for a total redemption price of \$7.47 per share.
- (3) Option granted on June 5, 2007. This option, representing a right to purchase 158,641 shares of Common Stock, vests in five equal installments on March 16, 2008, 2009, 2010, 2011 and 2012.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Signatures 3