ENERGY EAST CORP

Form 4

September 17, 2008

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

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OMB APPROVAL

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obligations

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

(City)

(Print or Type Responses)

1. Name and Address of Reporting Person * RUDE ROBERT E			2. Issuer Name and Ticker or Trading Symbol ENERGY EAST CORP [EAS]	5. Relationship of Reporting Person(s) to Issuer		
(Last) ENERGY EA CORPORAT: ROAD			U9/T0/Z000	(Check all applicable) Director 10% OwnerX Officer (give title Other (specify below) Sr. VP & Chief Regulatory Off.		
	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person		

NEW GLOUCESTER, ME 04260

(State)

(Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

Form filed by More than One Reporting

1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities According Securities Securi		(A) or	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code V	Amount	(D)	Price	(Instr. 3 and 4)		
Common Stock	09/16/2008		S	558.807 (2) (11)	D	\$ 28.5	0	I	By 401(k) Plan
Common Stock	09/16/2008		S	39.076 (2) (3) (11)	D	\$ 28.5	0	I	By Spouse / 401(k) Plan
Common Stock	09/16/2008		S	69,244.9012 (1) (11)	D	\$ 28.5	0	D	
Common	09/16/2008		M	40,000	A	\$	40,000	D	

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Stock					26.7188		
Common Stock	09/16/2008	D	40,000	D	\$ 28.5 (12)	0	D
Common Stock	09/16/2008	M	6,667	A	\$ 23.89	6,667	D
Common Stock	09/16/2008	D	6,667	D	\$ 28.5 (12)	0	D
Common Stock	09/16/2008	M	16,667	A	\$ 25.11	16,667	D
Common Stock	09/16/2008	D	16,667	D	\$ 28.5 (12)	0	D
Commom Stock	09/16/2008	M	11,962	A	\$ 26.22	11,962	D
Common Stock	09/16/2008	D	11,962	D	\$ 28.5 (12)	0	D
Common Stock	09/16/2008	M	15,000	A	\$ 24.83	15,000	D
Common Stock	09/16/2008	D	15,000	D	\$ 28.5 (12)	0	D
Common Stock	09/16/2008	M	15,000	A	\$ 24.76	15,000	D
Common Stock	09/16/2008	D	15,000	D	\$ 28.5 (12)	0	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of onDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	Expiration Date	6. Date Exercisable and Expiration Date (Month/Day/Year)		Amour Securit 4)
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amo or Num of Sh
	\$ 26 7188	09/16/2008		M	40 000	02/19/1999(5)	02/19/2009		40 (

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Employee Stock Option (right to buy) / SAR (4)							Common Stock	
Employee Stock Option (right to buy) / SAR (4)	\$ 23.89	09/16/2008	M	6,667	02/12/2004(6)	02/12/2014	Common Stock	6,6
Employee Stock Option (right to buy) / SAR (4)	\$ 25.11	09/16/2008	M	16,667	10/15/2004(7)	10/15/2014	Common Stock	16,0
Employee Stock Option (right to buy) / SAR (4)	\$ 26.22	09/16/2008	M	11,962	04/01/2005(8)	04/01/2015	Common Stock	11,9
Employee Stock Option (right to buy) / SAR (4)	\$ 24.83	09/16/2008	M	15,000	02/17/2006 <u>(9)</u>	02/17/2016	Common Stock	15,0
Employee Stock Option (right to buy) / SAR (4)	\$ 24.76	09/16/2008	M	15,000	02/07/2007(10)	02/07/2017	Common Stock	15,0

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
RUDE ROBERT E ENERGY EAST MANAGEMENT CORPORATION 52 FARM VIEW ROAD NEW GLOUCESTER, ME 04260			Sr. VP & Chief Regulatory Off.			

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Signatures

Robert E. Rude 09/17/2008

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Includes equity securities acquired with reinvested dividends which are exempt from reporting under Rule 16a-11.
- (2) Includes equity securities acquired with participant contributions, Company matching fund contributions, and reinvested dividends pursuant to the common stock fund of the Company's 401(k) Plan which are exempt from reporting.
- (3) Beneficial ownership expressly disclaimed.
 - The Stock Appreciation Right (SAR) was issued in tandem with an Employee Stock Option (right to buy). The exercise of a SAR will result in the corresponding cancellation of the Employee Stock Option (right to buy) to the extent of the number of shares of the
- (4) Company's Common Stock as to which SARs are exercised. The exercise of the Employee Stock Option (right to buy) will result in the corresponding cancellation of a SAR to the extent of the number of shares of the Company's Common Stock as to which the Employee Stock Option (right to buy) is exercised.
- The option is exercisable in three installments regarding the original number of options granted as follows: (a) in aggregate as to no more than 33 1/3% on February 19, 1999; (b) in aggregate as to no more than 66 2/3% on January 1, 2000; and (c) on January 1, 2001 as to 100% of all options which have not been previously exercised.
- The option is exercisable in three installments regarding the original number of options granted as follows: (a) in aggregate as to no more than 33 1/3% on February 12, 2004; (b) in aggregate as to no more than 66 2/3% on January 1, 2005; and (c) on January 1, 2006 as to 100% of all options which have not been previously exercised.
- The option is exercisable in three installments regarding the original number of options granted as follows: (a) in aggregate as to no more than 33 1/3% on October 15, 2004; (b) in aggregate as to no more than 66 2/3% on January 1, 2005; and (c) on January 1, 2006 as to 100% of all options which have not been previously exercised.
- The option is exercisable in three installments regarding the original number of options granted as follows: (a) in aggregate as to no more than 33 1/3% on April 1, 2005; (b) in aggregate as to no more than 66 2/3% on January 1, 2006; and (c) on January 1, 2007 as to 100% of all options which have not been previously exercised.
- The option is exercisable in three installments regarding the original number of options granted as follows: (a) in aggregate as to no more than 33 1/3% on February 17, 2006; (b) in aggregate as to no more than 66 2/3% on January 1, 2007; and (c) on January 1, 2008 as to 100% of all options which have not been previously exercised.
- The option is exercisable in three installments regarding the original number of options granted as follows: (a) in aggregate as to no (10) more than 33 1/3% on February 7, 2007; (b) in aggregate as to no more than 66 2/3% on January 1, 2008; and (c) on January 1, 2009 as to 100% of all options which have not been previously exercised.
- (11) All of the equity securities (common stock and unvested restricted stock) in the Company previously reported by me as beneficially owned or as not beneficially owned have automatically been sold at \$28.50 per share resulting from the sale of the Company.
- (12) All of the stock options and tandem SARs in the Company previously reported by me as beneficially owned have automatically been exercised at \$28.50 per option resulting from the sale of the Company.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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