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Knutson Crai	ig L										
Form 4	-										
May 03, 2010	_										
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION									OMB APPROVAL		
Washir					ington, D.C. 20549					3235-0287	
Check this box if no longer									Expires:	ires: January 31, 2005	
subject to	SIAL	EMENT O	OF CHAN	GES IN BENEFICIAL OWNERSHIP				NERSHIP OF	Estimated average		
Section 1 Form 4 or	II 10.				SECURITIES				burden hours per		
Form 5		oursuant to	Section 10	5(a) of the	e Securit	ies E	xchang	e Act of 1934,	response	0.5	
obligation	¹⁸ Section 1						-	f 1935 or Sectio	n		
may conti <i>See</i> Instru	lilue.) of the In	-	-						
1(b).											
(Print or Type R	(esponses)										
Variation of Caralia I			2. Issuer Symbol	ssuer Name and Ticker or Trading				5. Relationship of Reporting Person(s) to Issuer			
			•	NANCIA	L, INC.	[MF.	A]			、 、	
(Last)	(First)	(Middle)	3. Date of	Earliest Tra	ansaction			(Cheo	ck all applicable	e)	
(Month/Da							X_ Director 10% Owner				
	INANCIAL, I		05/03/20)10				X Officer (give below)	e title Othe below)	er (specify	
PARK AVE	NUE, 21ST F	LOOR						· · · · · · · · · · · · · · · · · · ·	ive Vice Presid	ent	
(Street) 4. If At			4. If Amer	f Amendment, Date Original			6. Individual or Joint/Group Filing(Check				
			Filed(Mon	th/Day/Year)				Applicable Line) _X_ Form filed by			
NEW YORE	K, NY 10022							Person	More than One Re	eporung	
(City)	(State)	(Zip)	Table	e I - Non-D	erivative	Securi	ities Aco	quired, Disposed o	f, or Beneficial	lly Owned	
1.Title of	2. Transaction I			3.				5. Amount of	6. Ownership		
Security (Instr. 3)	(Month/Day/Ye	ear) Executi any	on Date, if	Transactio Code	on(A) or D (D)	ispose	d of	Securities Beneficially	Form: Direct (D) or	Indirect Beneficial	
(Instr. 5)		•	/Day/Year)	(Instr. 8)	· · ·	4 and	5)	Owned	Indirect (I)	Ownership	
								Following Reported	(Instr. 4)	(Instr. 4)	
						(A)		Transaction(s)			
				Code V	Amount	or (D)	Price	(Instr. 3 and 4)			
Common						(2)					
Stock, par value \$0.01	05/03/2010			Р	4,000	А	\$ 7.14	128,372	Ι	By 401(k) Plan	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

per share

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	7. Titl Amou Under Secur (Instr.	int of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships							
1	Director	10% Owner	Officer	Other				
Knutson Craig L C/O MFA FINANCIAL, INC. 350 PARK AVENUE, 21ST FLOOR NEW YORK, NY 10022	Х		Executive Vice President					
Signatures								
/s/ Timothy W. Korth, Attorney-in-Fact	05/	/03/2010						
<u>**</u> Signature of Reporting Person		Date						

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.