

ENERGY EAST CORP
Form 8-K
December 02, 2004

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): **December 2, 2004**

<u>Commission file number</u>	<u>Exact name of Registrant as specified in its charter, State of incorporation, Address and Telephone number</u>	<u>IRS Employer Identification No.</u>
1-14766	Energy East Corporation	14-1798693

(A New York Corporation)
P. O. Box 12904
Albany, New York 12212-2904
(518) 434-3049
www.energyeast.com

Not Applicable

(Former name or former address, if changed since last report.)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

- [] Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- [] Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Item 5.04 Temporary Suspension of Trading under Registrant's Employee Benefit Plans

On December 2, 2004, Energy East Corporation sent a notice to directors and executive officers of Energy East Corporation informing them that a blackout period with respect to the 401(k) plans of Energy East's subsidiaries that offer The Energy East Corporation Stock Fund as an investment option will be in effect beginning at 3:00 p.m. Eastern Daylight Time on December 27, 2004, and will continue until January 6, 2005.

Energy East Corporation provided a notice to its directors and executive officers in accordance with Section 306(a) of the Sarbanes-Oxley Act of 2002 and Rule 104 of Regulation BTR.

The notice is attached as Exhibit 99-1 to this document.

Item 9.01 Financial Statements and Exhibits

(c) Exhibits

- 99-1 Notice of a Blackout Period to Directors and Executive Officers of Energy East Corporation dated December 2, 2004.

SIGNATURE

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Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

ENERGY EAST CORPORATION
(Registrant)

Date: December 2, 2004

By /s/Robert D. Kump
Robert D. Kump
Vice President, Treasurer
and Secretary