CARRIZO Form 4 May 30, 20	OIL & GAS INC								
FORM Check to if no lo subject Section Form 4 Form 5 obligati may co <i>See</i> Ins 1(b).	VI 4 this box nger to 16. or Filed pu Section 17	STATES SECU W MENT OF CHA rsuant to Section (a) of the Public 30(h) of the	V ashington, ANGES IN SECUR 1 16(a) of th Utility Hole	, D.C. 20 BENEFI ATTIES e Securit ding Com	549 CIA ies Ez ipany	L OWNE kchange A Act of 19	RSHIP OF ct of 1934,	OMB AP OMB Number: Expires: Estimated av burden hour response	
(Print or Type	e Responses)								
	Address of Reporting OHN BRADLEY	Symbo	RIZO OIL &			g 5. I Issi		Reporting Perso all applicable)	
(Last) 500 DALL 2300	(First)	(Mont	e of Earliest Tr h/Day/Year) 2/2014	ransaction			Director K Officer (give t ow) VP & Chief		Owner · (specify ficer
HOUSTO	(Street) N, TX 77002		mendment, Da Month/Day/Year	-		Apj _X_	Individual or Join plicable Line) _ Form filed by Or _ Form filed by Mo	e Reporting Per	son
(City)	(State)	(Zip) T	able I - Non-D	Derivative S	Securi	Per ties Acquire	ed, Disposed of,	or Beneficiall	v Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed	3. Transaction Code	4. Securit or Dispos (Instr. 3, -	ies Ac ed of (quired (A) (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	05/22/2014		M(1)	17,072	(D) A (2)	\$ 37.99	51,601	D	
Common Stock	05/22/2014		D <u>(1)</u>	17,072	D (2)	\$ 58.385	34,529	D	
Common Stock	05/29/2014		М	10,477	А	\$ 0	45,006	D	
Common Stock	05/29/2014		М	18,905	А	\$ 0	63,911	D	
Common Stock	05/29/2014		М	20,199	А	\$0	84,110	D	

Common Stock	05/30/2014	S(1)(3)	19,529	D	\$ 57.48 (4)	64,581	D
Common Stock	05/30/2014	S <u>(1)(3)</u>	800	D	\$ 58.1575 (5)	63,781	D
Common Stock	05/29/2014	M <u>(1)</u>	11,505	A (2)	\$ 25.56	75,286	D
Common Stock	05/29/2014	D <u>(1)</u>	11,505	D (2)	\$ 57.645	63,781	D
Common Stock	05/29/2014	M <u>(1)</u>	13,668	A (2)	\$ 28.68	77,449	D
Common Stock	05/29/2014	D <u>(1)</u>	13,668	D (2)	\$ 57.645	63,781	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	onDeriv Secur Acqu or Di (D)	rities ired (A) sposed of : 3, 4,	e Expiration Date (Month/Day/Year) (A) ed of		7. Title and Amount Underlying Securitie (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amour or Numbe of Sha
Stock Appreciation Rights	\$ 37.99	05/22/2014		M <u>(1)</u>		17,072 (<u>6)</u>	(7)	07/14/2015	Common Stock	17,07
Restricted Stock Units	\$ 0	05/29/2014		М		10,477	(8)	(8)	Common Stock	10,47
Restricted Stock Units	\$ 0	05/29/2014		М		18,905	<u>(9)</u>	<u>(9)</u>	Common Stock	18,90
Restricted Stock Units	\$ O	05/29/2014		М		20,199	(10)	(10)	Common Stock	20,19
Stock Appreciation Rights	\$ 25.56	05/29/2014		M <u>(1)</u>		11,505 (<u>6)</u>	(11)	05/18/2016	Common Stock	11,50

Stock				13,668			Common	
Appreciation	\$ 28.68	05/29/2014	M ⁽¹⁾	· · ·	(12)	06/18/2017		13,66
Rights			—	(6)			Stock	,
Rights								

Reporting Owners

Reporting Owner Name / Address	Relationships						
1 8	Director	10% Owner	Officer	Other			
FISHER JOHN BRADLEY 500 DALLAS STREET SUITE 2300 HOUSTON, TX 77002			VP & Chief Operating Officer				
Signatures							
/s/Paul F. Boling, attorney-in-fact	0	5/30/2014					
**Signature of Reporting Person		Date					

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The transactions reported in this Form 4 were effected in accordance with Rule 10b5-1.
- The presentation requirements of Form 4 present the exercise of cash-only stock appreciation rights as an acquisition and disposition of
 common stock. Contrary to this presentation, these derivative instruments were originally awarded as cash-only stock appreciation rights and accordingly were settled solely in cash. No actual shares of common stock were issued to or sold by the reporting person.
- (3) The sales reported in this Form 4 were effected to satisfy the reporting person's federal income tax obligations with respect to the vesting of equity awards.

The price reported in Column 4 is a weighted average price. The reporting person undertakes to provide to the issuer, any security holder of the issuer or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold

(4) of the issuer of the scarners and Exchange commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in this Form 4. These shares were sold in multiple transactions at prices ranging from \$57.07 to \$58.06, inclusive.

The price reported in Column 4 is a weighted average price. The reporting person undertakes to provide to the issuer, any security holder of the issuer or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold

- (5) of the issuer of the scalar of the securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in this Form 4. These shares were sold in multiple transactions at prices ranging from \$58.09 to \$58.22, inclusive.
- (6) These stock appreciation rights are settled solely in cash.
- (7) These stock appreciation rights vested in three installments of 40%, 40% and 20% on May 29, 2012, May 29, 2013 and May 29, 2014, respectively.
- (8) Each restricted stock unit was automatically converted into one share of common stock. These restricted stock units vested in three equal installments on May 29, 2012, May 29, 2013, and May 29, 2014.
- (9) Each restricted stock unit represents a contingent right to receive one share of common stock. These restricted stock units vested, or will vest, in three equal installments on May 29, 2013, May 29, 2014 and May 29, 2015.
- (10) Each restricted stock unit represents a contingent right to receive one share of common stock. These restricted stock units vested, or will vest, in three equal installments on May 29, 2014, May 29, 2015 and May 29, 2016.
- (11) These stock appreciation rights vested, or will vest, in three installments of 40%, 40% and 20% on May 29, 2013, May 29, 2014 and May 29, 2015, respectively.
- (12) These stock appreciation rights vested, or will vest, in three equal installments on May 29, 2014, May 29, 2015 and May 29, 2016.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.