Zapfe Werner Frank Form 5 August 16, 2010

FORM 5

OMB APPROVAL

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB 3235-0362 Number:

no longer subject to Section 16. Form 4 or Form 5 obligations may continue.

Check this box if

January 31, Expires: 2005 Estimated average

burden hours per

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

response... 1.0

See Instruction Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, 1(b). Form 3 Holdings Section 17(a) of the Public Utility Holding Company Act of 1935 or Section Reported

Form 4 Transactions Reported

(Last)

30(h) of the Investment Company Act of 1940

3. Statement for Issuer's Fiscal Year Ended

1. Name and Address of Reporting Person * 2. Issuer Name and Ticker or Trading 5. Relationship of Reporting Person(s) to Issuer Zapfe Werner Frank Symbol American Rare Earths & Materials, (Check all applicable) Corp. [OTC: AREM]

X Director 10% Owner

(Month/Day/Year) 06/30/2010

Officer (give title __ Other (specify below) below)

C/O AMERICAN RARE EARTHS AND MATERIALS,, CORP. 200 QUEENS QUAY EAST, UNIT # 1

(First)

(Street) 4. If Amendment, Date Original

(Middle)

Filed(Month/Day/Year)

6. Individual or Joint/Group Reporting

(check applicable line)

TORONTO, A6Â M5A 4K9

X Form Filed by One Reporting Person Form Filed by More than One Reporting Person

| (City) | (State) | (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned | | | | | | | |
|--------------------------------------|--------------------------------------|--|---|-------------------------------------|--------|------------|---|--|---|
| 1.Title of Security (Instr. 3) | 2. Transaction Date (Month/Day/Year) | 2A. Deemed Execution Date, if any (Month/Day/Year) | 3. Transaction Code (Instr. 8) | 4. Securit (A) or Dis (Instr. 3, 4) | sposed | of (D) | 5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4) | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) |
| Common stock | 09/25/2006 | Â | P4 | 36,667 | A | \$ 2.73 | 36,667 | I | By Zapfe Holdings Inc. |
| Common Stock | 09/29/2006 | Â | A4 | 6,250 | A | \$ (1) | 42,917 | I | By Zapfe Holdings Inc. |
| | 01/18/2008 | Â | A4 | 50,000 | A | \$ 3 | 92,917 | I | |

Common Stock

1. Title of

By Zapfe **Holdings** Inc.

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

5. Number of

6. Date Exercisable and

SEC 2270 (9-02)

7. Title and Amount Underlying Securities

Stock

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| Derivative Security (Instr. 3) | Conversion or Exercise Price of Derivative Security | (Month/Day/Year) | Execution Date, if any (Month/Day/Year) | Transaction Code (Instr. 8) | Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) | Expiration Date (Month/Day/Year) | | Underlying Securities (Instr. 3 and 4) | |
|--------------------------------------|---|------------------|---|-----------------------------------|--|-------------------------------------|--------------------|--|---------------------------------|
| | | | | | (A) (D) | Date Exercisable | Expiration Date | Title | Amoun or Numbe of Shar |
| Options | \$ 0.5 | 05/17/2010 | Â | A4 | 91,000 Â | 05/17/2010 | 05/17/2012 | Common | 91,00 |

Reporting Owners

Relationships Reporting Owner Name / Address

3. Transaction Date 3A. Deemed

Director 10% Owner Officer Other

Zapfe Werner Frank

C/O AMERICAN RARE EARTHS AND MATERIALS, CORP. 200 QUEENS QUAY EAST, UNIT # 1 TORONTO, A6Â M5A 4K9

ÂX Â

Signatures

/s/ Werner F. Zapfe

08/16/2010

**Signature of Reporting Person Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Issuer in consideration for services performed by Reporting Person
- (2) Options issued in compensation of services performed by Reporting Person as a member of the Issuers board of directors.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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